

ABINGTON PUBLIC LIBRARY



3 1627 01071 0187


A large, detailed illustration of a tree with a thick, textured trunk on the left and a dense canopy of green leaves filling the upper right portion of the cover. The background is a clear, light blue sky.

Roots Before Branches

2013

Abington High School

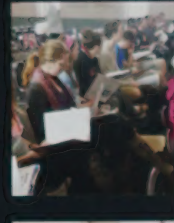
A decorative, dark-colored swirl or ribbon-like graphic that starts from the bottom left, loops around the year '2013', and extends towards the bottom right, partially under the school name.



Digitized by the Internet Archive
in 2021 with funding from
Boston Public Library

<https://archive.org/details/greenyears2013abin>

Abington High School



Page 2- Yearbook
Dedication



Page 3- Letter
From the Editors



Page 4- The
Younger Years



Page 14-
Remember When...



Page 16- Senior
Portraits



Page 40-
Superlatives

Page 49-
Faculty

Page 54- Senior
Class Picture

Page 56- Teacher
Superlatives

Page 58-
Junior Prom

Page 64- Senior
Events

Page 74-
Class Will

Page 76- "Legally
Blonde"

Page 78-
Athletics

Page 110-
Clubs

Page 120-
In 2013...

Page 121- Class
Officers

Page 124- Parent
Dedications

Page 134-
Advertisements

We dedicate this book to...

The Yearbook Committee would like to dedicate this yearbook to Kendra Keenan and Gus Lutterbach.

During our sophomore year, with the school system facing devastating and unprecedented budget cuts, Gus and Kendra made a donation to our school that altered the path of our education. A technology donation of well over \$100,000.00 to the High School resulted in the purchase of projectors, Eno Boards, document readers, televisions, and many other items. Kendra's love of the Arts, and her fondness for her former teacher Mr. John Mahoney, inspired a large portion of the donation to be used updating the Art department. The department received video cameras, projectors, and AdobeCS 5, as well as several other items.

The presence of these tools in our school aided in our development of twenty-first century skills, and allowed for teachers to create some very creative and interactive lesson plans.

Thank you Kendra and Gus for your incredible generosity! You have impacted not only the Class of 2013, but also the educations of all future AHS students!



As we close this chapter of our lives, we hope you look back and smile on all the memories you have made here at Abington High School. Some of us have roots that travel deep into Abington, while some may have just started. No matter where we plan on going and where life really ends up taking us, we will always have one thing in common; Abington is part of our story. It's where some of us had our first kiss, our first home run, our first heart break, and our first friendships. It's where we learned how to tie our shoes, and how to tie a tie while getting ready for Junior Prom. United we stood as a school and as a community in times of sorrow and joy. Super fans cheered on the boys all the way to a super bowl victory, painting their chests and shouting out their names, even in the snow. But we also offered shoulders to cry on, and ears to listen in times of tremendous heartbreak. As you read the pages of this yearbook we hope you feel the same bittersweet emotions as we had while working on it. We hope you can look back on some memories and smile, but also learn from others. A new chapter in our lives is about to begin. Make the best of it.

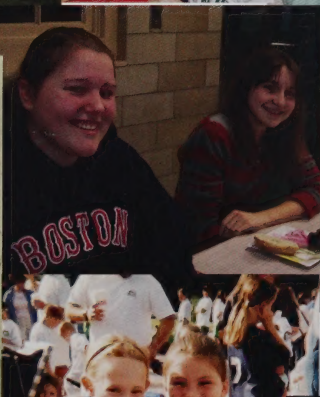
We would like to thank the yearbook staff for dedicating many hours, and many Friday afternoons, to put this whole book together. We would like to thank Mrs. Kinsman for all the time she put into the yearbook, without her help we would not have a yearbook. In closing, we would like to thank the teachers and students of Abington for making us who we are today.

As we are about to branch out in many different directions, we wish you all the best of luck, and we hope our paths cross again someday.

With Love,
Paige Young and Alex Draper



A Message from the Editors . . .



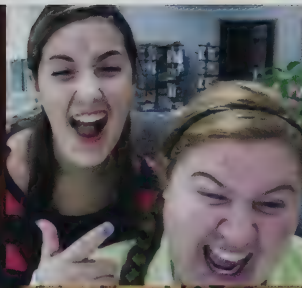




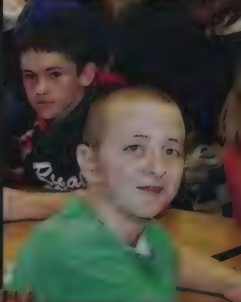








Woodsdale
Monster Mash
October 27, 200









Remember When . . .

We had freshman orientation

The kids at Woodsdale tried to tip over the
jungle gym

We saw Abington football go undefeated and
win the super bowl our senior year!!!

Chris Herran came to the high school

Mr. Hill made everyone say "Wilson" when
passing in papers

The alphabet people were in the cafeteria at
the ECC

Mr. Shannon did a rain dance in class

Rebecca Nealon gracefully exited the prom
party bus

All the boys in 7C jumped out the bathroom
window and had to sneak back into the Middle
School

Steph Cornish said she would add Teddy
Roosevelt as the fifth person on Mt. Rushmore

Mark Gambon swallowed a quarter

The girls softball team made it all the way to
the state finals our Junior year

Dan Gately passed out in health class
sophomore year

We went to Natures Classroom in elementary
school

Remember When...

We hid on Mrs. Powers when she was subbing
for our Chemistry class

The girls soccer team made it to the semi-
finals

The Abington high school milk became
"famous"

The Improvables sold out every show they
had

Ryan Kovalski wore a dress for public speaking

Vikki Howe paid Sara Liborio \$22 to ask Mr.
Crain to go to the café

In eighth grade when no one in 8V talked to
Mr. Hill for the whole class

The super-fans made the front page of the
newspaper

We had a going away party for Mr. Dyer in
eighth grade

Recess was taken away

Nora beat all the boys at recess at Center
School

Jack Cashman and Sam Rangel dated in 8th
grade

Alex Draper had constant hiccups

Phil Nguyen had battles at Middle School
dances



Seniors Class of 2013



Sara Abondraz

"If you can imagine it, you can achieve it; if you can dream it, you can become it." - Ward

These four years have been a roller coaster filled with good and bad times, but it was all worth it in the end. Thank you mom for helping me through high school, love you!



Raquel Amaral

"Life is a big canvas, and you should throw all the paint on it you can." - Danny Kaye

Good Luck to the Class of 2013!



T.J. Antonetti

"Every man dies. Not every man really lives" - W. Wallace

Hockey 9-12 Captain, Baseball 9-12, Morning announcements, Prom Court, Homecoming Court



Tom Arcand

"Are you going to finish that?" - Tom Arcand

Football 9-12, Basketball 9, Track & Field 11-12



Emily Atkinson

"You only live once, but if you do it right, once is enough" - Mae West

Cross Country 9-11 Captain 12, Track & Field 9-10 Captain 11-12, Basketball 9



Anthony Bartlett

"I'll always remember the great people I've met at my time here, good luck out there." - Anthony Bartlett

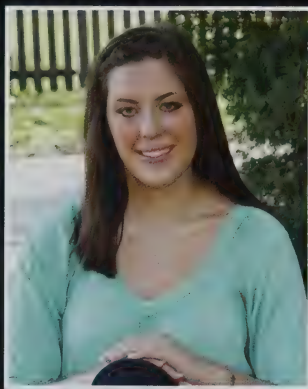
My only achievements are being able to speak my mind and realize that what people think doesn't matter



Nicholas Beckman

"I will always try my hardest, and work harder to achieve my goals!"
Nick Beckman

Thanks to my grandmother and grandfather for always supporting me. Thanks Mom!



Arkleigh Bell

"Take what you can from your dreams, make them as real as anything" - Dave Matthews Band

Tennis 9-12 Captain 11-12, Math Team 11-12, Basketball 9, Peer Leaders 11-12, Student Council 9-11, Yearbook 12, National Honor Society 12



Michaela Bell

"Learn from yesterday, live for today, and hope for tomorrow"
Albert Einstein

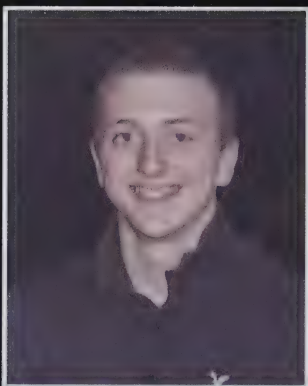
Soccer 9-11, Softball 9-12, Yearbook 12, Peer Leaders 11-12, Math Team 11-12, National Honor Society 12



Julie Billotte

"A journey of a thousand miles begins with a single step" - Lao-tzu

Good luck to the senior class of 2013!



Joe Brady

"Collective efforts are far more successful than individual talent"
Unknown

Football 10-12, SSL Champs 2012 12-0, Basketball 10-11.
 Thanks Mom and Dad!



Regina Broomsten

"I myself am made entirely of flaws stitched together with good intentions" - A. Burroughs

Track 9, Yearbook 12.
 Thanks Mom and Dad!



Joe Buckley

"Pain is temporary, pride is forever." - Lance Armstrong

Football 9-12, Basketball 9-12



Mavon Burt

"Tomorrow hopes we have learned something from yesterday" - John Wayne

Best of luck to the class of 2013



Katelyn Capone

"Don't take life too seriously. You will never get out of it alive" - E. Hubbard

Tennis 9-12 Captain 11-12, Soccer 9-11, National Honor Society 11-12, Math Team 11-12, Peer Leaders 11-12



Krysten Carchia

"Shoot for the moon, even if you miss you'll land among the stars" - Les Brown

We finally made it, Best wishes!



Eddie Cardinal

"Great moments are born from great opportunities." - Herb Brooks

Hockey 9-12 Captain 11-12, Lacrosse 9-12 Captain 11-12



Nicole Carpenter

"Old enough to know better, too young to care" - Wade Hayes

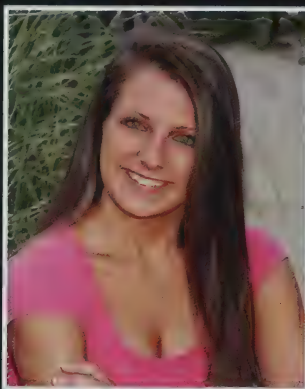
Basketball 9, Lacrosse 10-11



Rachel Carvell

"The greatest rewards come from doing the things that scare you the most." - One Tree Hill

Soccer 10, Improv 12, Yearbook 12, Drama 12



Rachel Casey

"Live as if you were to die tomorrow. Learn as if you were to live forever." - Mahatma Gandhi

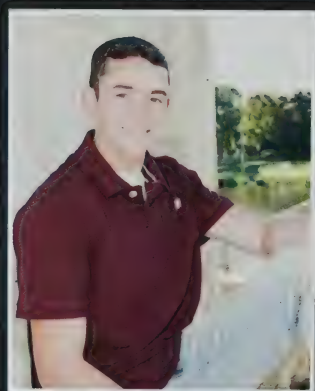
Track & Field 9-12, Soccer 9-12, Basketball 9, Prom Committee 11



John Cashman

"Life is what happens to you while you're busy making other plans." John Lennon

Cross Country 9-12 Captain, Hockey 9-12



Brandon Cavley

"Don't let what you cannot do interfere with what you can do." John Wooden

Football 9-12, Captain 12, Basketball 9-12, Captain 11-12, Baseball 9-12



Domenico Cerasani

"Keep calm and live on." - Dom

Coomb's Foundation 9-12, Booster's Fundraiser 9-12, Varsity Hockey 10-12, Varsity Soccer 10-12



Nicole Chiavaroli

"The key to failure is trying to please everyone." - Ed Sheeran

Yearbook 12



Marissa Coe

*"I'd rather be hated for who I am
than loved for who I am not."* -
Kurt Cobain

Newspaper 10, ABC Club 10,
Lacrosse 10, Drama 12



R. Elizabeth Coon

*"Love all, trust a few" - W.
Shakespeare*

Drama 11-12, Chorus, Good luck
to us all man!



Gregory Corbett

*"Everyone sees what you appear to
be but few experience what you
really are"* - Machiavelli

Student Council 9-10, School
Council 11-12, RYLA 11, Pit Band
9-12, Community Band 9-12,
Track Manager 11-12, NHS 11-12
Presidential Election Committee
12, ABC Club 11, Yearbook 12,
Camp Thayer Staff 9-12



Stephanie Cornish

*"Everybody dies but not everybody
lives"* - Drake

Soccer 9-12, Basketball 9-12,
Softball 9-10, Captain 11-12, Class
Secretary 10-12, YouLead 9-12



Olivia Curtin

*"If your ship doesn't come in, swim
out to meet it"* - Jonathan Winters

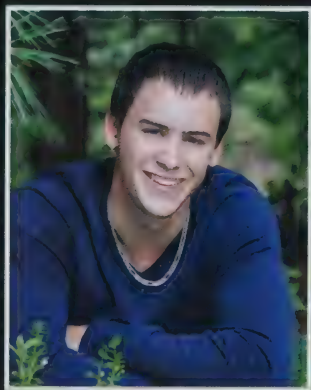
Soccer 9-12, Basketball 9, Softball
9-10, Lacrosse 11-12, Yearbook 12



Ana Karolina da Silva

*"Shoot for the moon, even if you
miss, you'll land among the stars."*
- Les Brown

Good luck Class of 2013!



Tim DeGrasse

*"The past is a pebble in my shoe" -
Edger Allen Poe*

Golf 9-12 Captain 11-12, Hockey
9-12, Lacrosse 9



Robert Derbes

"Hockey" - Bobby Derbes

Lacrosse 9-12



Stephanie DeSouza

*"Only a life lived for others is a life
worthwhile." - Einstein*

Best wishes to the class of 2013!



Matthew Diver

*"Perfect is not attainable, but if we
chase perfection we can catch
excellence" - Vinny Lombardi*

Football 9-12, Basketball 9-12,
Ultimate Frisbee 9-12



Conor Donovan

*"Knowing others is wisdom,
knowing yourself is Enlightenment" -
Lao Tzu*

Track & Field 9-10, 12, Cross
Country 12, Drama 9-12,
Yearbook 12, Newspaper 9,
Football 11, Golf 9-10



Alexandra Draper

*"Go confidently in the direction of
your dreams. Live the life you have
imagined." - Thoreau*

Soccer 9-11 Track & Field 10, 12
Yearbook 12 Math Team 12
Green 10-11 Student Art
Magazine 12



Jami Dixon

*"What seems to us as bitter trials
are often blessings in disguise" -
Oscar Wilde*

Greenwave Gazette 10-12 Editor,
Student Council 11-12 Secretary,
National Honor Society 11-12
Vice President, Student Rep to the
School Committee 11-12



Patrick J. Dwyer

*"It's gonna be a Subaru summer" -
Subaru car*

Football 9-12 Captain 11-12,
Baseball 9-12, Basketball 9, Class
President 9-10, YouLead 9-11,
Drama 12



Carly English

*"All our dreams can come true, if
we have the courage to pursue
them." - Walt Disney*

Basketball 9,11-12, Drama 12,
Track & Field 11-12, Soccer
Manager 11-12, National Honor
Society 11-12, YouLead 12, Class
Treasurer 9-12



Ashlee Ezell

*"I live to love and laugh a lot" -
Kenny Chesney*

Cheerleading 9,10,12. Good luck
class of 2013!



Emily Fagan

*"I'm an idealist. I don't know
where I am going, but I'm on my
way." - Carl Sandburg*

Yearbook 12, Drama 9, Anti-
Bullying Club 10-11, Marble
Collection 9-11, Student Art
Magazine 12.
Thanks to my awesome friends for
always being there for me!



Adam Faxon

*"The best thing about the future is
that it comes one day at a time." -
Abraham Lincoln*

Greenwave Cafe



Timothy Ferguson

"Don't quit. Suffer now and live the rest of your life as a champion."
- Muhammad Ali

Football 9-12 Captain, Lacrosse 9-12 Captain. Thanks Mom and Dad



Molly Foley

"Keep in mind that neither success nor failure is ever final" - Roger Babson

Basketball 9-10, Track & Field 11-12



Babila Forche Fonkem

"Effort will get you where you want to be." - Ray Lewis

Football 10-12, Track & Field 9-11



Mark Gambon

"Everybody love everybody."
Jackie Moon

Soccer 9-12, Ultimate Frisbee 9-12, National Honor Society 12



Dan Gately

"The bigger the fail, the better the story." - Dan Gately

Soccer 9-12 Captain 12, Baseball 9-12, You Lead 11-12



Aiyah Ruth Gillens

"Live as if you were to die tomorrow. Learn as if you were to live forever." - M. Gandhi

Track & Field 9-12, Cross Country 9, Soccer 10, Peer Leaders 10 & 12, ABC Club 11, Acting/Modeling 10-12. Good luck Class of 2013!



Mackenzie Gillis

"All that I'm after is a life full of laughter." - Daughtry

Soccer 9-12 Captain 12 All Star 12, Basketball 9-12, Softball 9-12 Captain 12 All Star 10, National Honor Society 11-12 Treasurer 12, You Lead 9-12, ABC Club 11 Vice President 11, Prom Queen



Daniel C. Golbranson

"We are what we repeatedly do. Excellence, therefore, is not an act but a habit." - Aristotle

Baseball 9 & 12, Basketball 9-10, Football 11-12, Track & Field 11



Haley Gomer

"In three words I can sum up everything I've learned about life: it goes on." - Robert Frost

Soccer 9-12, Basketball 9-11, Softball 9-12, Dance Crew 12, Drama 12



Elizabeth Gould

"I myself am made entirely of flaws stitched together with good intentions." - A. Burroughs

Varsity Lacrosse 9-12, Improv 11-12, Colorguard 10-12, Winterguard 10-12, Newspaper 9



Bobby Griffin

"Honor all people. Love the brotherhood. Fear God. Honor the king." - 1 Peter, 2:17

Hockey 9-12, Marching Band 8-10, Drama 9-10 Stage Manager 11-12, Ultimate Frisbee 10-12, Golf 12



Ashley Grigg

"The greatest pleasure in life is doing what people say you cannot do." - W. Bagehot

Soccer 9-12, Basketball 9-10, Lacrosse 9-10, Tennis 11-12, Drama 11-12, Green Team 10-12, National Honor Society 11-12, Peer Leaders 12, Yearbook Committee 12



Darrien Gustafson

"Go to Heaven for the climate, Hell for the company." -Mark Twain

Lacrosse 9-10



Amy Hackett

"I live to love and laugh a lot and that's all I need." -Kenny Chesney

Soccer 9-12, Basketball 9-12,
Track & Field 9-12 Captain 11-12,
National Honor Society 11-12,
You Lead 11-12, ABC Club 11



Alexander Hagerty

"I need a hero! Holding out for a hero to the end of the night." -Bonnie Tyler

"Hags"
Class Vice President 6, Class
Secretary 9, Student Council 9-10,
Cross Country 9-12, Drama 9-12,
School Council Representative 10-12, Prom Court



Melina Halloran

"Life isn't about waiting for the storm to pass; it's about leaning to dance in the rain." -Unknown

National Honor Society 11-12,
Student Art Magazine Editor 11-12



Danielle Hamilton

"The way I see it, you should live everyday like it's your birthday." -Paris Hilton

Soccer 9, Golf 10-12, Basketball 9-12, Softball 9-12



Amanda Hawkerworth

"Sometimes you will never know the true value of a moment until it becomes a memory." -Dr. Suess

Track & Field 9, Basketball 9-12
Captain, You Lead 10-12



Brittany Haworth

*"Keep your eyes on the stars and
your feet on the ground." - T.
Roosevelt*

Good luck Class of 2013. Thanks
Nana and Grumpy.



Amanda Marie Hayes

*"Keep your feet on the ground
while your head is in the clouds." -
Paramore*

Drama 9-10 & 12, Newspaper 10-
12 Editor 11-12, Green Team 11,
National Honor Society 11-12
Secretary. Thanks to my family
and friends for everything!



Victoria Howe

*"There's 2 sides to every person,
what we reveal to the world &
what we keep hidden inside." -
Revenge*

Varsity Lacrosse 9-12, Yearbook
12. Spending as much time as
possible making priceless
memories with my family and
friends



Anthony Jackson

*"Good luck and God bless Class of
2013!" - Thomas Jackson*

Class of 2013 rules.



Thomas Jackson

*"Good luck and God bless Class of
2013!" - Thomas Jackson*

Soccer 10-12, Frisbee 10-12. Class
of 2013 rules.



Alycia Johnson

*"People change and things go
wrong. Just remember, life goes on."
- Unknown*

Cheerleading 9



Jake Johnson

"The bad news, time flies. The good news, you're the pilot." - Michael Althaler

Living 9-12



Matthew Johnson

"Keep your hopes up high and your head down low" - ADTR

Good Luck Class of 2013!



Cody Jones

"Winning" - Charlie Sheen

Our Senior class is better than yours. Thank you Mom and Dad for supporting me.



Melina Joseph

"In the play of life, all your greatest scenes lie ahead of you" - Mr. Feeny

Drama 9-12, Student Council Vice President 11-12, Peer Leaders President 11-12, National Honor Society President 11-12, Softball 9-10, Tennis 11-12, Green Team Vice President 11, GSA 11-12, Math Team Captain 11-12, Newspaper 10



April Keegan

"It's ok not to be ok & it's hard to follow your heart but just be true to who you are." - Jess J.

Drama 9-12, Dance Team 11-12, Tennis 10, 12, Green Team 9-12, GSA 12, Yearbook 12, Peer Leaders 12, Imrov 11-12



Brendan Kerr

"Musterfields; where kings are born." - Residents of the Musterfields

Football 9, Basketball 9-11, Soccer 12, Track & Field 11-12, Drama 12, Homecoming King



Ryan Kovalski

*"Look what I can do" - Stewart,
Comedy Central*

National Honor Society 12,
Tennis 11-12 Captain, Improv 12,
Peer Leaders 12, GSA 12, Math
Team 11-12 Captain 12, Election
Committee 12, Yearbook 12
See yah on TV, Megan M!



Olivia Karowski

*"Dance like nobody's watching,
love like it won't hurt, live like it's
heaven on Earth." -Purkey*

Soccer 9-12, Basketball 9,
Cheerleading 10, Track & Field
10-12, Dance Crew 11-12 Captain,
ABC Club 11-12, Yearbook
Committee 12, You Lead 12,
National Honor Society 11-12,
Student Council 10&12



Tiffany Lake

*"If you love life, don't waste time,
for time is what life is made up of."
-Bruce Lee*

Good luck Class of 2013!



Lauren Landers

*"You make a choice in life, and it
affects your life in all ways, good
and bad" - John Mayer*

Soccer 9-12, Basketball 9-10,
Track & Field 9-12, Student
Council 11-12 Treasurer,
YouLead 11-12



Amanda Lane

*"It is better to look ahead and
prepare than to look back and
regret" - Jackie Joyner - Kersee*

Fall Cheerleading 9-11 Captain 12,
Winter Cheerleading 9-11
Captain 12, Track & Field 9-10
Captain 11-12



John LeBlanc

"I enjoy what I do." -Tiger Woods

Golf 9-10 Captain 11-12, Frisbee
9-12, YouLead 11-12



Hannah Lee

"Go on and be crazy; craziness is like heaven" - Jimi Hendrix

I made it out alive!



Jason Lennox

"Our biggest regrets are not for the things we did but the things we didn't do" - One Tree Hill

Good luck class of 2013!



Sara Liborio

"Just be yourself, there is no one better." - Taylor Swift

Softball 9-10, Anti Bullying Club 10-11 President 11, Yearbook 12, Marble Collection 12



Nathan Littman

"Don't gain the world and lose you soul, wisdom is better than silver or gold." - Bob Marley

Baseball 9-11 Captain 12, Hockey 9-12, Football 9



Victoria Lynch

"Many people will tell you you can't. You've got to turn around and say watch me" - Beachley

Drama 9-12, Dance Team 11-12, Yearbook 12, Singing of National Anthem 11-12, Peer Leaders 12, District Chorus 11-12



Jack Malafronte

"When you want to succeed as bad as you want to breathe you'll be successful." - Eric Thomas

Football 9-11 Captain 12, Baseball 9-11 Captain 12, Hockey 9, 11-12, Class Vice President 11-12, National Honor Society 11-12



Maria Manning

"How lucky I am to have something that makes saying goodbye so hard." -A.A. Milne

Peer Leaders 12, Gymnastics 11-12, Horseback Riding 9-12



David Manzo

"The way you greet difficulty is what sets you apart from the rest" -D.M.

Football 9-12, Basketball 9&11, Lacrosse 9, Track & Field 10-11 Captain 12.

Shout out to Lezi Dez and Pete Manzo for pushing me through these last four years.



Megan McHugh

"Que sera, sera." -The Man Who Knew Too Much

Student Council 9-12 President, Drama 10-12, Improv 11-12, Tennis 10-12 Captain, Green Team 10-12 President, Math Team 11-12 Captain, National Honor Society 11-12, GSA, Peer Leaders 11-12 Vice-President



Brendan Merrick

"Success isn't permanent and failure isn't fatal." -Mike Ditka

Soccer 9-12 Captain, Hockey 9-12, Baseball 9-10, Ultimate Frisbee 11-12, National Honor Society 11-12.

Good luck to my brothers when they hit high school.



Robert Morris

"Decide that you want it more than you are afraid of it." -Bill Cosby

Football 9-12, Track 10-12, Tennis 9, Drama 11-12



Neil Murphy

"The joy of living is his who has the heart to demand it." -Theodore Roosevelt

Ultimate Frisbee 10-12, Math Team 11-12



Rebecca Nealon

"All dreams can come true if we have the courage to pursue them."
-Walt Disney

Dance 9-12, Yearbook Committee 12



Phillip Nguyen

"Life is too deep for words, so don't try to describe it, just live it." -C.S. Lewis

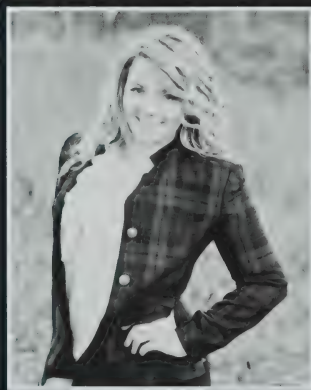
Football 9-12 SSL Champions, Super Bowl Champions, Track & Field 9-12



Meghan Nigrelli

"Anything's possible." - Seussical

Drama 9-12, Marching Band 11-12, ABC Club 11, Student Art Magazine 12, Improv 11-12



Melanie Mabel Nugent

"She may be little, but she is fierce." -William Shakespeare

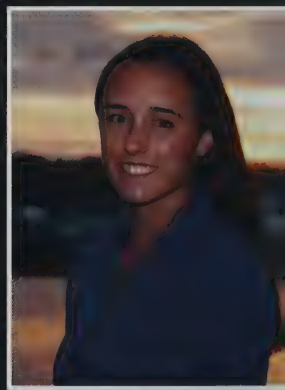
Best wishes Class of 2013!



Meghan O'Leary

"The best thing to hold onto in life is each other." -Audrey Hepburn

Student Art Magazine 11-12, Yearbook Committee 12



Colleen O'Neil

"Just keep swimming." -Dory

Newspaper 10-12, Club Swimming 9&12, 2012 Olympic Trials Qualifier



Nora O'Neil

"It is better to look ahead and prepare than to look back and regret." - J. Jayner Kersee

Basketball 9-12, Softball 9, Tennis 10, You Lead 9-12, National Honor Society 11-12



Drew Paxico

"We never truly grow up, we just learn how to act in public" - Bryan White

Good Luck Class of 2013!



Tyler Peraklis

"I didn't choose the musterfields, the musterfields chose me." - Residents of the Musterfields

Football 10-12 SSL Champions
Superbowl Champions, Baseball 10-12. I love my team. GWP.



Amanda Pereira

"Someone who has never made a mistake, has never tried anything new." - Einstein

Improv 12, Drama 12, Yearbook Committee 12, International Week 10-12



Ryan Peters

"Life consists not in holding good cards but in playing those you hold well." - Josh Billings

Good luck Class of 2013!



Alexandra Powers

"Enjoy it. Because it's happening." - Stephen Chbosky

Softball 9-12



Kendal Purtell

"We're just trying to find some color in this black and white world." - The Maine

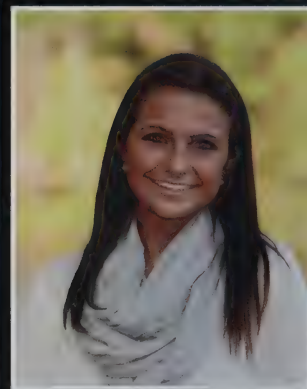
Improv 12, Dance Crew 12,
Drama 12



Benjamin Rangel

"A man who dares to waste one hour of time has not discovered the value of life." - Darwin

Cross Country 8-12, Lacrosse 9-12



Samantha Rangel

"I'll leave nothing less than something that says I was here." - Lady Antebellum

Cross Country 9-10, Track & Field 9-11



Danselle Reardon

"Time you enjoy wasting, was not wasted." - John Lennon

Basketball 9-11, Soccer 9-12,
Lacrosse 11-12



Alicia Reid

"When you think back on all we've done I hope you're proud." - Carrie Underwood

Soccer 9-12 Captain 12, Softball 9-12 Captain 12, Basketball Manager 10-12, You Lead 11-12, Prom Committee 11, Yearbook 12, National Honor Society 11-12



Patrick Reynolds

"The legs feed the wolf" - Herb Brooks

Golf 10-12, Hockey 9-12



Tyler Richards

"Life is like riding a bicycle. To keep your balance, you must keep moving." -Einstein

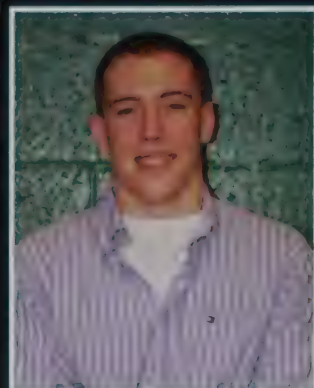
Hockey 11



Haylee Rogers

"May the odds be ever in your favor." -The Hunger Games

Softball 9-12, Basketball 9-12,
Class Vice President 9-10, Class
President 11-12, You Lead 10-12,
National Honor Society 11-12



Josh Roman

"Don't go where the path may lead go instead where there is no path & leave a trail." -R.W.E

Football 9-10, Basketball 9 & 11-12



Hannah Ravel

"We do not remember the days; we remember the moments." -Cesare Pavese

Soccer 9-12, Track & Field 9-12,
Yearbook 12



Rachel Salmon

"This moment will just be another story someday." -Stephen Chbosky

Lacrosse 9-10



Gina Santigati

"There is little success where there is little laughter." -Andrew Carnegie

Softball 9, Basketball 9



Mike Spallino

"All we have to decide is what to do with the time that is given to us." - Gandalf

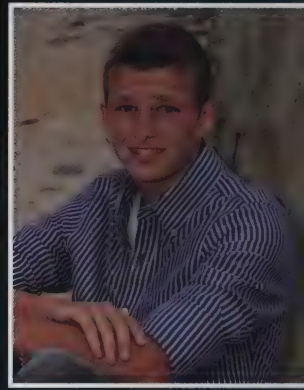
Football 9, Golf 10-12, Ultimate Frisbee 10-12, Math Team 11-12 Captain 12. Thanks Mom and Dad!



Connor Sinner

"Try not to become a man of success, but rather try to become a man of value." - Albert Einstein

Soccer 9-12, Basketball 9-10, Ultimate Frisbee 9-12



Jared Sinner

"You only live once, but if you do it right, once is enough." - Mae West

Soccer 9-12, Basketball 9-12, Ultimate Frisbee 9-12, You Lead 11-12



Lindsay Taylor

"We make a living by what we get, we make a life by what we give." - Winston Churchill

Good luck Class of 2013!



Brenna Tocci

"Time you enjoyed wasting, was not wasted." - John Lennon

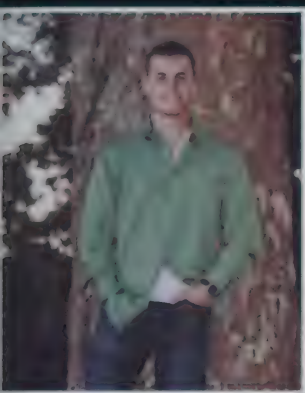
Best wishes Class of 2013!



Brandon Vinciguerra

"Don't cry because it's over, smile because it happened." - Dr. Seuss

GOOD LUCK Class of 2013.



Mike Walsh

"HOCKEYYYY!" -Mike Brennan

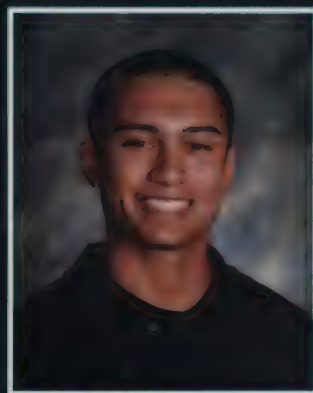
Baseball 9-12, Hockey 11-12



Paul Wendt

"To be normal is to not be you, so be yourself." -Unknown

We finally made it!



Justin Weston

"A word to the wise is sufficient." - Benjamin Franklin



Jimmy White

"Life is good so I'm feeling great." - Wiz Khalifa

Basketball, Track & Field, Cross Country



Tyler Wicklund

"Strive not to be a success but rather to be of value." - Einstein

Best wishes Class of 2013!



Brett Williams

"I still look at myself and want to improve." -David Beckham

Basketball 9, Soccer 9-12, Ultimate Frisbee 10-12. Good luck Class of 2013.



Matthew Wood

*"Don't worry, be happy." -Bobby
McFerrin*

"Magz"

Football 9, Ultimate Frisbee 10,
Master of Ceremonies



Paige Lindsey Young

*"Our lives begin to end the day we
become silent about things that
matter." -M.L.K*

Softball 9-12, You Lead 11-12,
Yearbook Committee Editor 12,
Prom Committee 11, Retreat
Team 10-12, Homecoming
Queen- thank you mom,dad&T
a&f N.C, K.R, D.H, V.L, S.R, H.R

Seniors Not Pictured

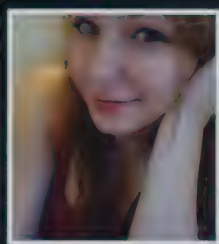
Allyson Chandler

James Murphy

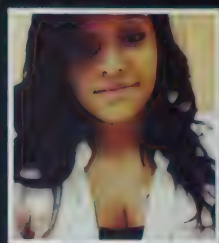
Gone But Not Forgotten



Megan Hickey



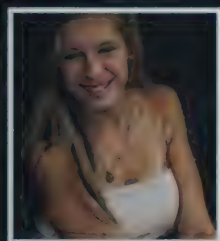
Maria McElroy



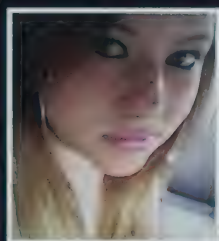
Nathalia Rocha



Samantha Zina



Amanda Corbin



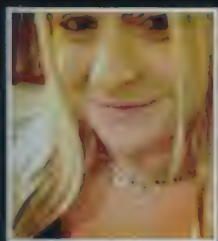
Amanda Burnie



Brandon Beliveau



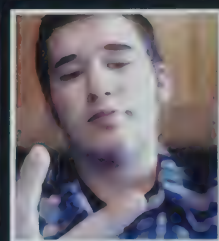
Brittany Arienti



Elena Retz



Tyler Coy



Mike Dickey



Shannon Broderick



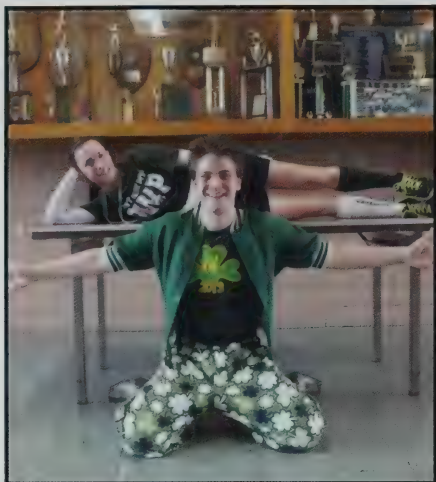
Sahil Patel



Robert Foley



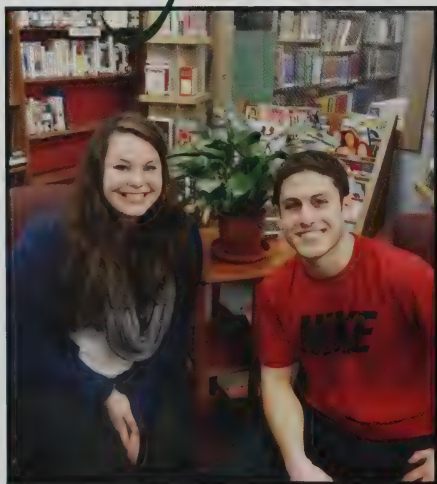
Jayne Merrill



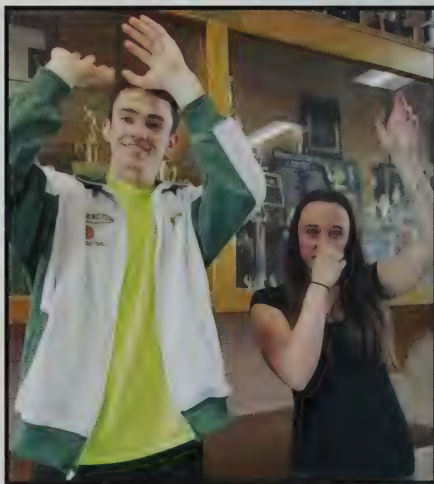
Most School Spirit
Alex Hagerty & Alicia Reid



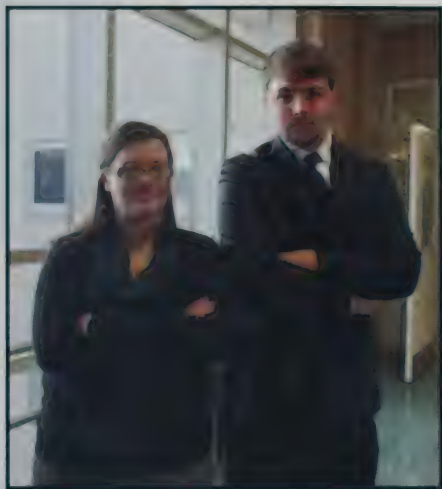
Best All Around
Dan Gately & Amanda Hawkesworth



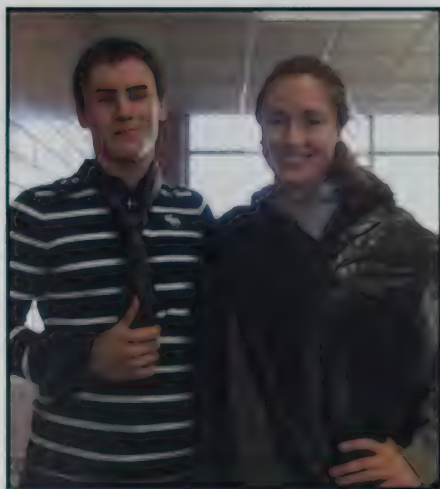
Nicest Smile
Rachel Carvell & TJ Antonetti



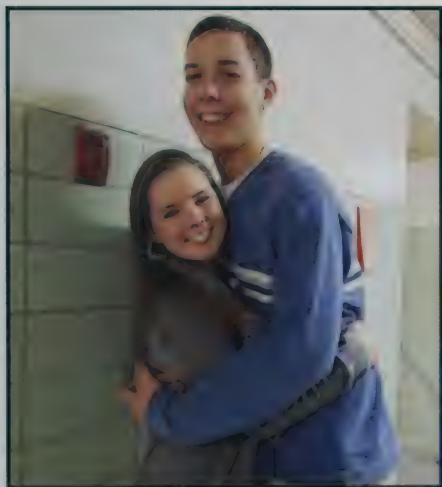
Most Athletic
Brandon Cawley & Colleen O'Neil



Most Likely to Succeed
Mike Spallino & Jami Dunn



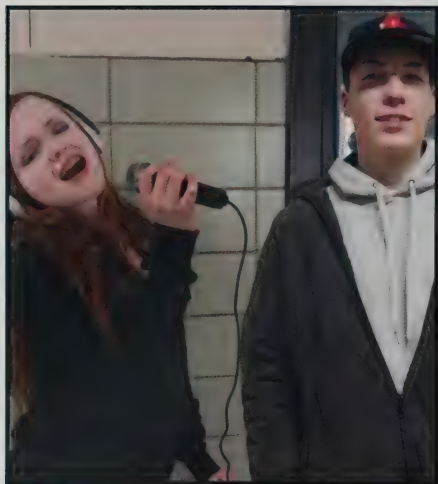
Best Dressed
Carly English & Tim Degrasse



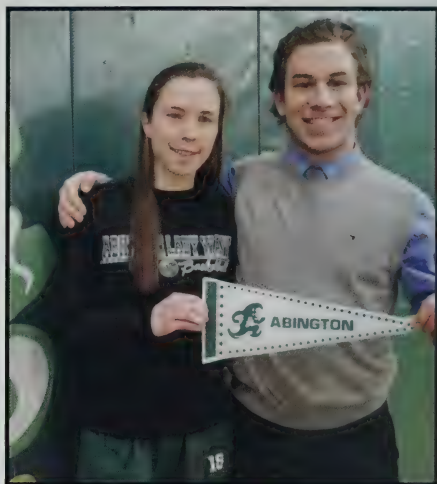
Most Changed Since Freshman Year
Hannah Russell & Rob Morris



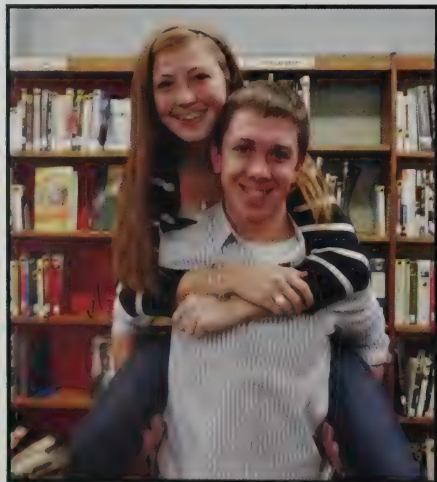
Biggest Case of Senioritis
Justin Weston & Raquel Amaral



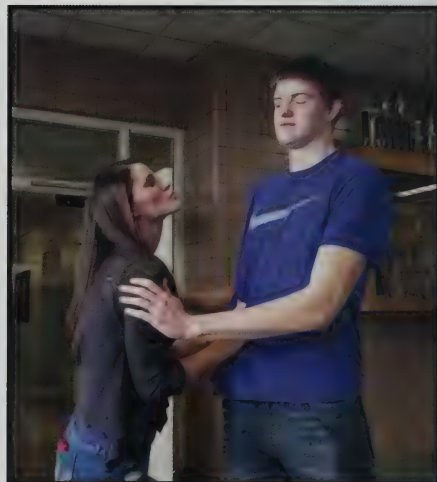
Most Musical
Matt Wood & Vicky Lynch



Most Likely to Stay in Abington
Alicia Reid & Jack Malafronte



Class Couple
Brendan Merrick & Mackenzie Gillis



Cutest Couple That Never Was
Matt Diver & Danielle Hamilton



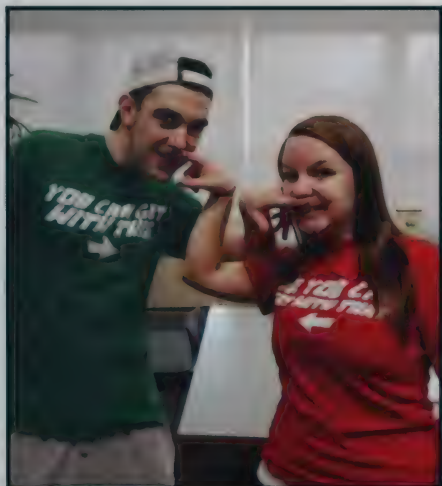
Best Friends

Rachel Casey & Molly Foley



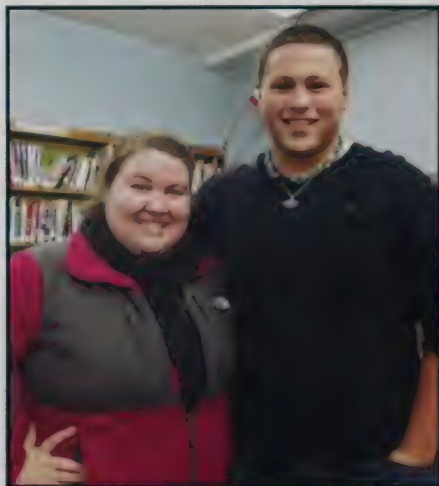
Bromance

Brendan Kerr & Jimmy White



Class Clown

Jack Cashman & Kendal Purtell

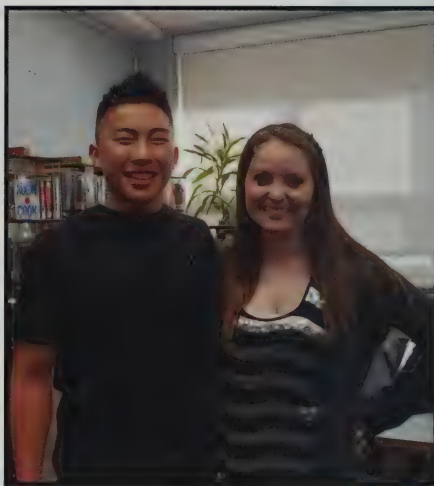


Best Laugh

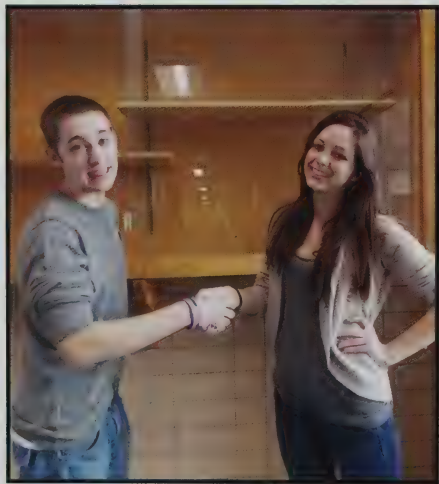
Tyler Perakslis & Paige Young



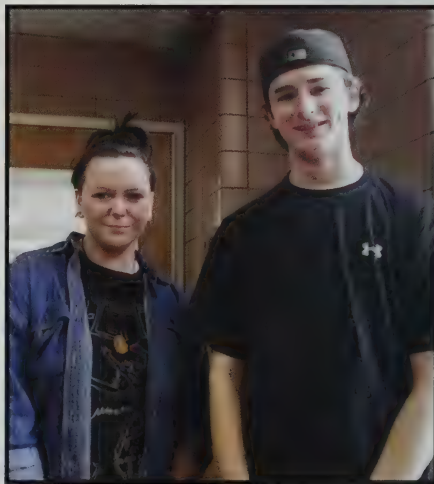
Gym Class Hero
Brett Williams & Gina Santagati



Would do Anything to Win a Superlative
Phil Nguyen & Becca Nealon



Friendliert
Ryan Kovalski & Megan McHugh



Most Unique
Pat Reynolds & Hannah Lee



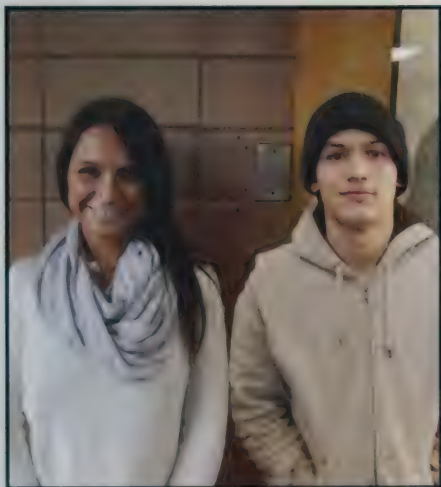
Most Gullible

Mike Walsh & Regina Broomstein



Most Likely to be Mistaken for Each Other

Tom & Anthony Jackson



Most Likely to be on Reality TV

Anthony Bartlett & Sam Rangel



Most Likely to Win Summer

Jake Johnson & Haylee Rogers



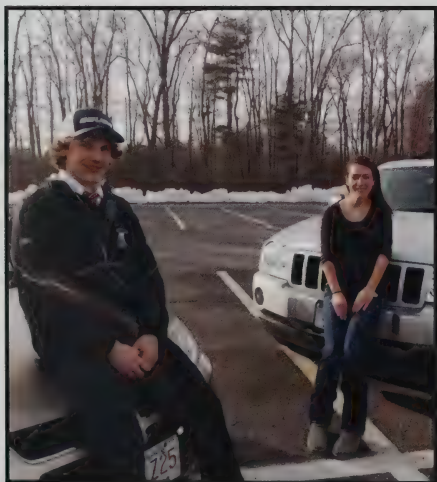
Most Likely to be Late to Graduation

Mark Gambon & Melanie Nugent (not pictured)



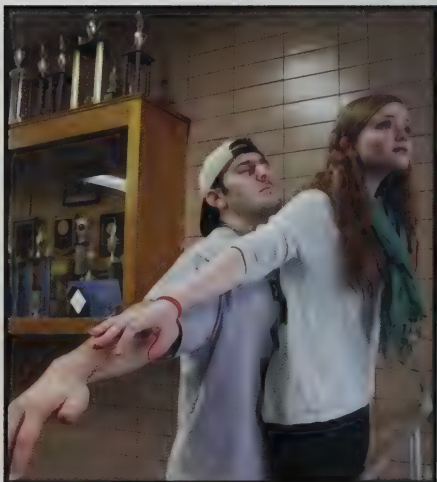
Born in the Wrong Decade

Alex Hagerty & Hannah Lee



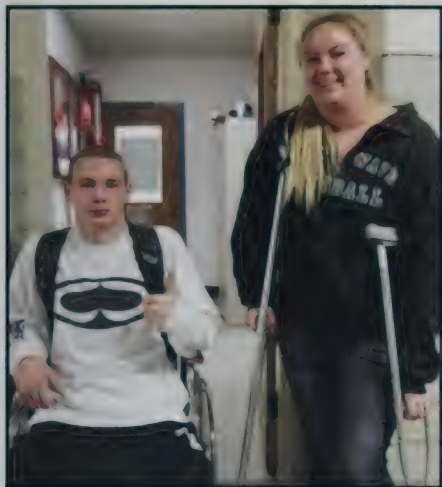
Worst Driver

Bobby Griffin & Lauren Landers



Future Oscar Winners

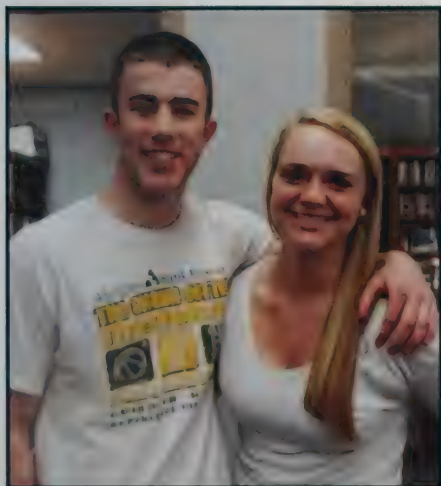
Pat Dwyer & Vicky Lynch



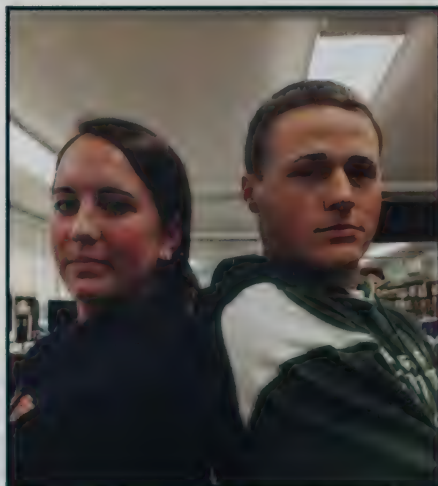
Most Accident Prone
Haley Gomes & Joe Buckley



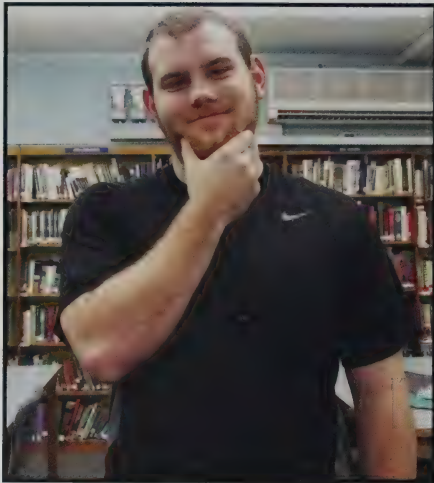
Most Artistic
Ben Rangel & Amy Hackett



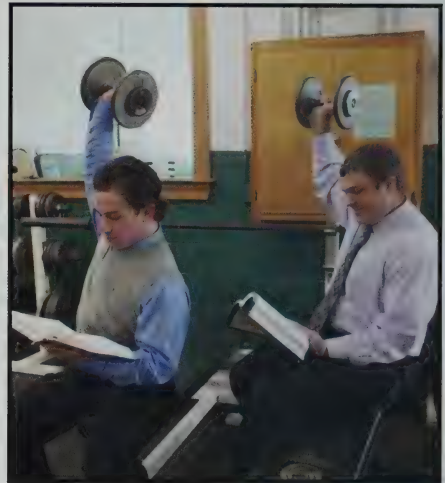
Most Outgoing
Brendan Kerr & Steph Cornish



Nicest Eyes
Tim Ferguson & Danielle Reardon



Best Beard
Tom Arcand



Student Teacher BFF
Jack Malafronte & Mr. Serino

Lunch
Chicken
Bowl

TV Show
The
Walking
Dead

*These are a few of our
favorite things...*

*Radio
Station*
JAM'N 94.5

Store
Forever 21

*Fast Food
Restaurant*
Wendy's

Class
Public
Speaking

Song
Thrift Shop by
Macklemore &
Ryan Lewis

Faculty



Teresa Sullivan
Principal



Jessica Sullivan
Assistant Principal

Secretaries

Foreign Language



Mrs. Kelliher, Mrs. Zakrewski, Mrs. Potter



Mrs. Ward, Mrs. Grabowski, Mrs. Fry, Mrs. Gillis

English ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦

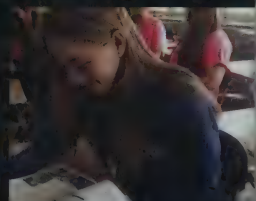
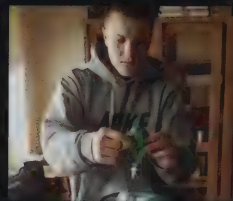


Ms. Louko, Ms. McHugh, Ms. Pflaumer, Dr. Gonsalves,
Ms. Clifford

Science ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦



Mr. Kitterick, Mr. McGuiness, Mr. Beer, Ms. Kelliher, Ms. Salvetti, Ms. Farias



History ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦



Mr. Moore, Mr. Scott, Mr. Serino, Ms. Kinsman, Ms. Lewis,
Mr. Lanner

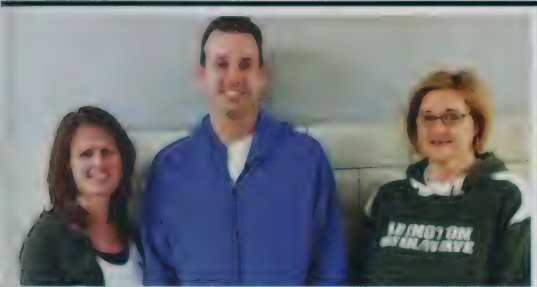
Math ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦



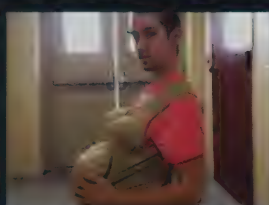
Ms. Cella, Mr. Holzman, Ms. Ohrenberger, Ms. Kitterick, Ms. Doherty, Ms. Dion, Ms. Dabene, Ms. McAuley



Wellness & PE



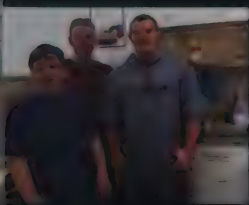
Ms. Daisy, Mr. Talbot, Ms. Langer



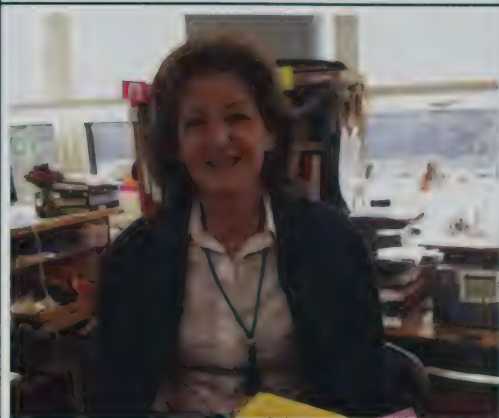
Special Education



Ms. Balasco, Ms. Keohane, Ms. Culbert, Mr. Siegel



Library ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦



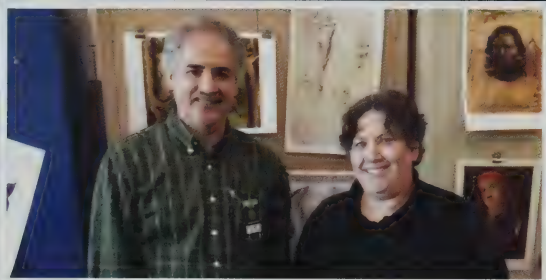
Mrs. Crowley

Guidance ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦



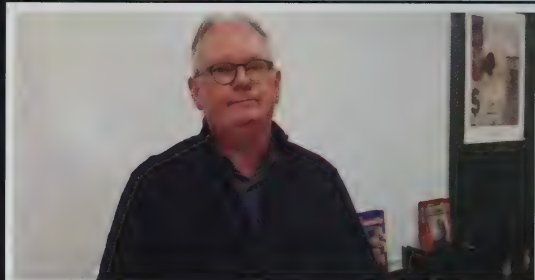
Ms. Bulman, Ms. Ferioli, Ms. Posk, Ms. O'Brien

Art ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦

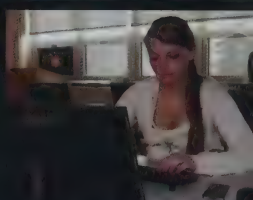
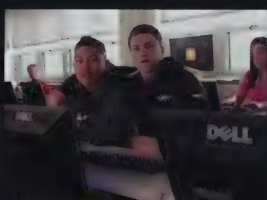


Mr. Mahoney, Ms. Goldman

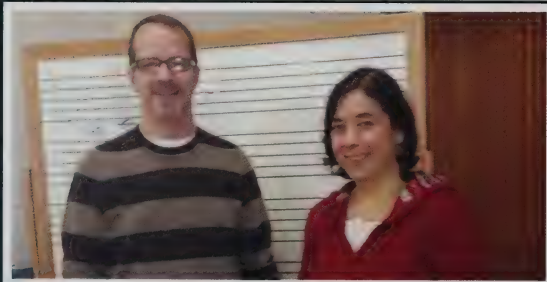
Business ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦



Mr. Leavell



Music ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦



Mr. Shannon, Ms. Harrington

Nurse ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦



Ms. Chiasson



Cafeteria ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦

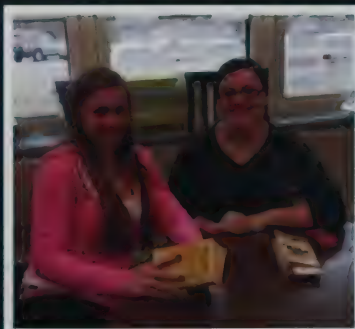
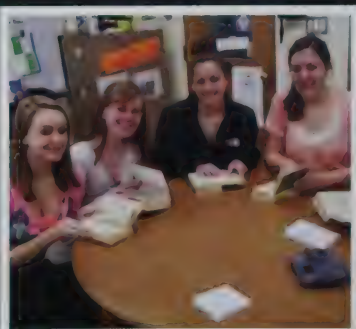
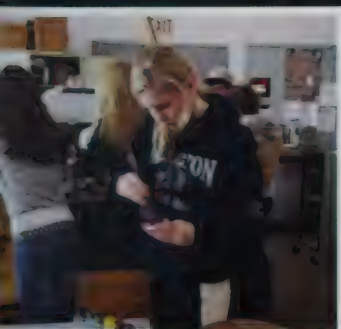
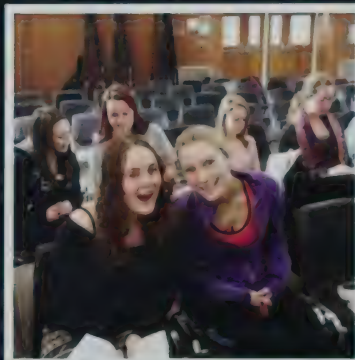


The wonderful lunch ladies who make and serve us lunch everyday!

Custodians ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦



The amazing custodial staff that keeps this school squeaky clean!



Class Of 2013





AHS



Best Style
Mrs. McHugh & Mr. McGuinness



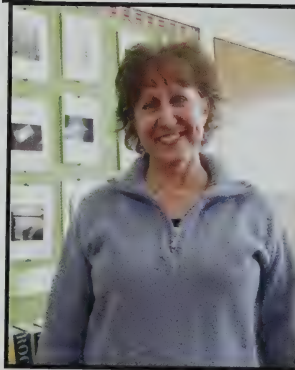
Most Parent-Like
Mrs. Daisy



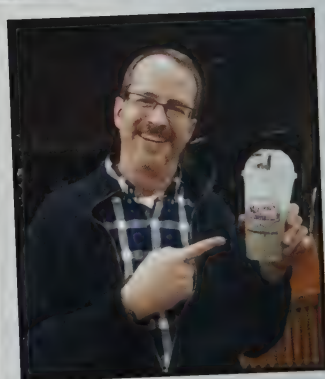
Overall Favorite
Mr. Holzman



Most Memorable
Ms. Clifford



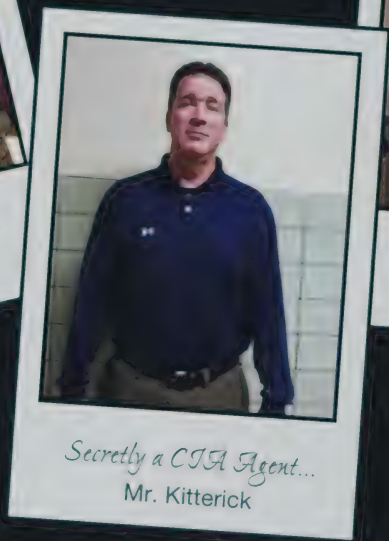
Most Dedicated
Ms. Pflaumer



Most Energetic
Mr. Shannon



Most Creative Lessons
Mrs. Kinsman



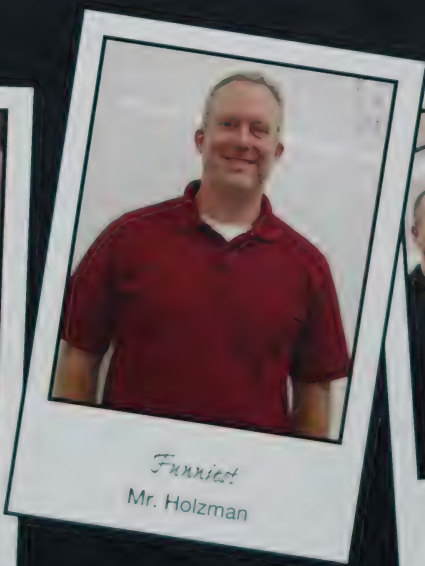
Secretly a CIA Agent...
Mr. Kitterick



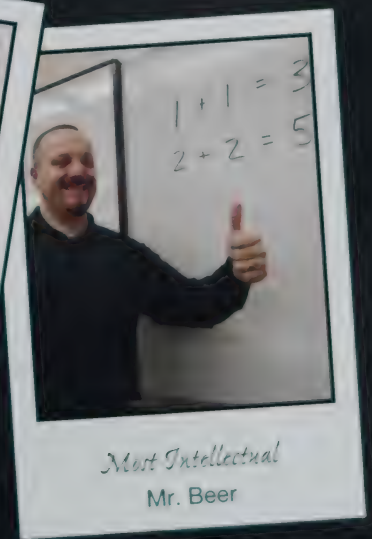
Most School Spirit
Mr. Serino



Teacher You Wish You Had
Ms. Lewis



Funnier
Mr. Holzman

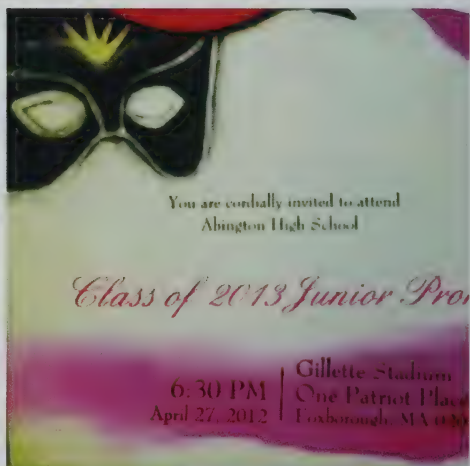


Most Intellectual
Mr. Beer

Junior Prom

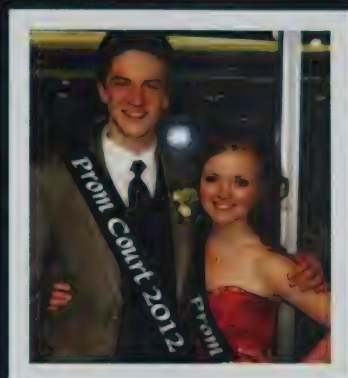
April 27, 2012

Gillette Stadium Mardi Gras

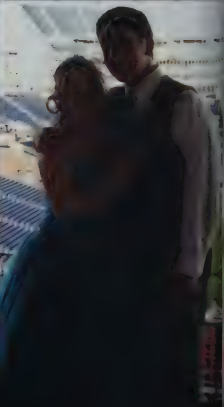
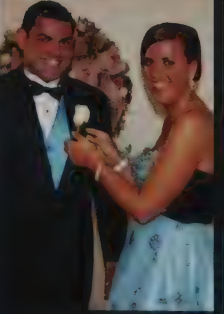
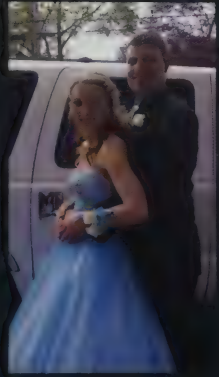
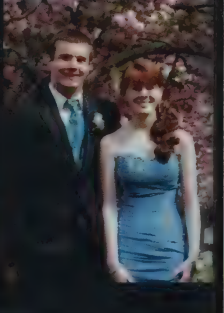
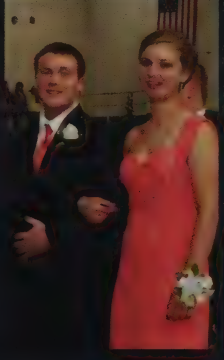
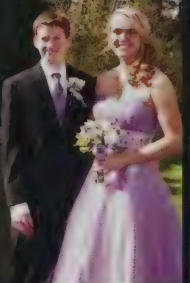
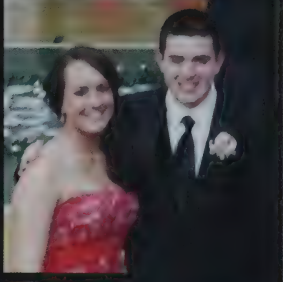
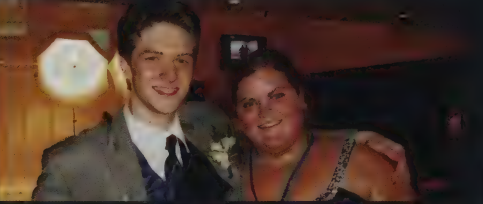
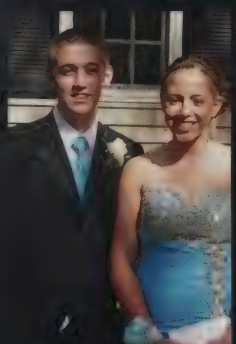
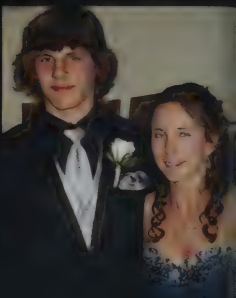
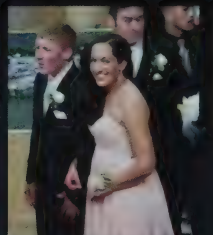
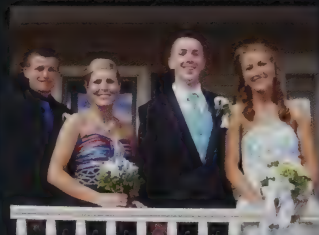


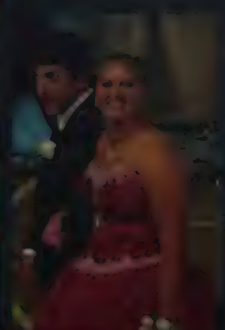
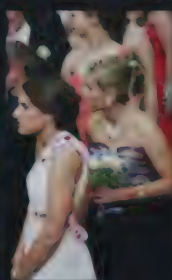
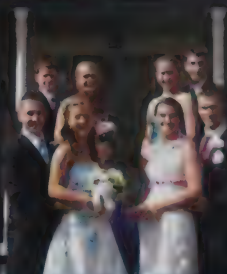
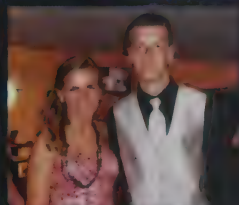
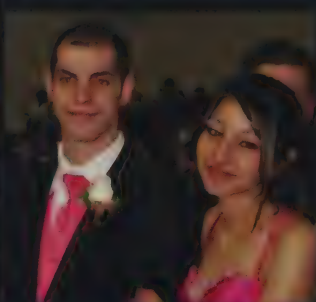
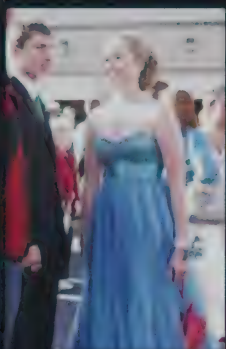
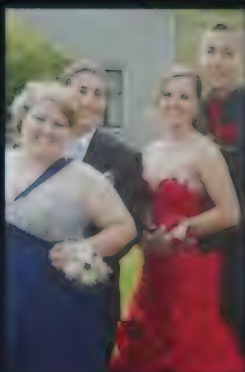


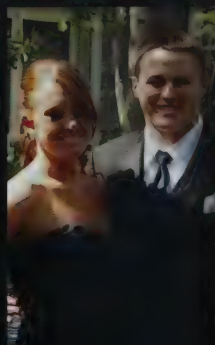
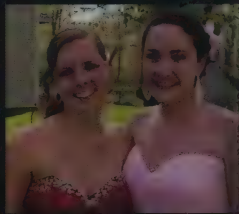
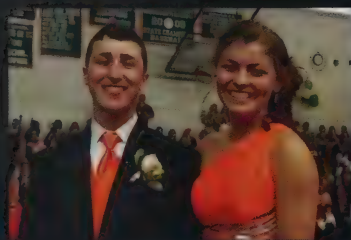
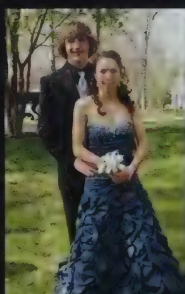
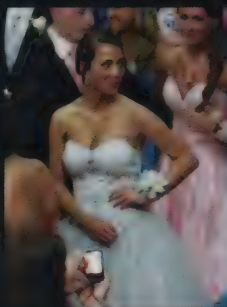
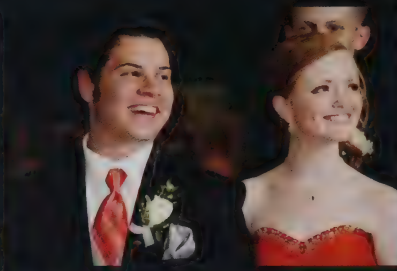
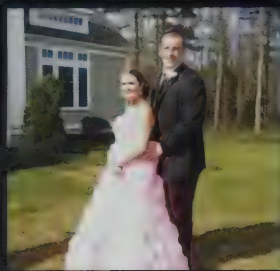
King: Tyler Perakslis
Queen: Mackenzie Gillis

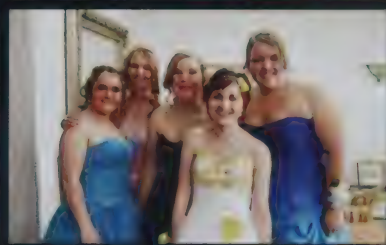
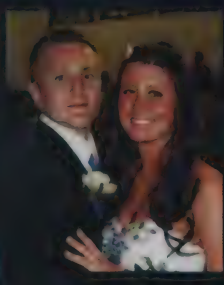
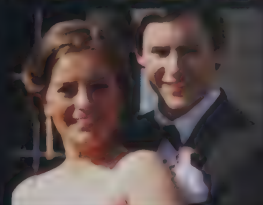
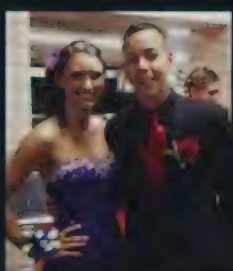
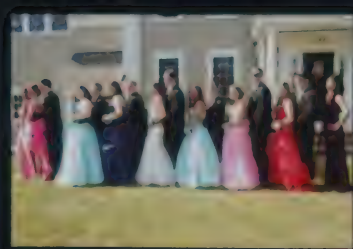
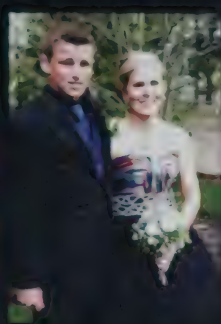


Court: Amanda Hawkesworth, TJ Antonetti, Amanda Lane, Nick Beckman, Alyah Gillans, Brendan Merrick, Victoria Lynch, Alexander Hagerty

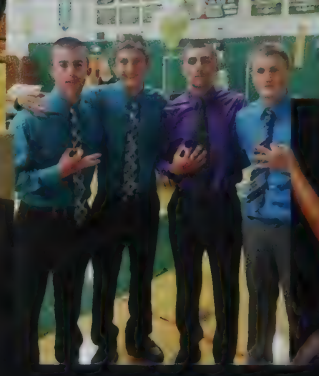
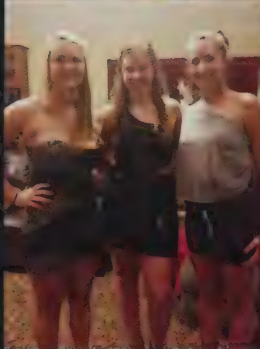
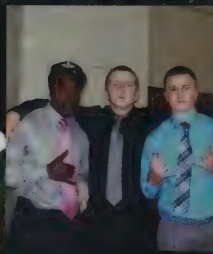
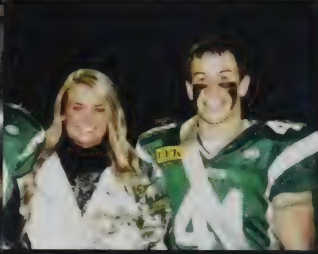








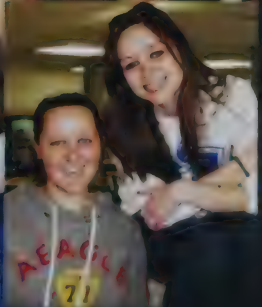
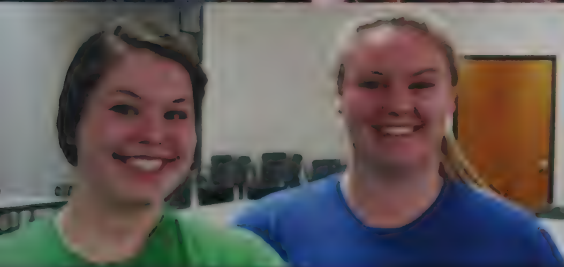
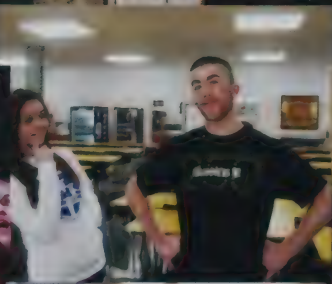
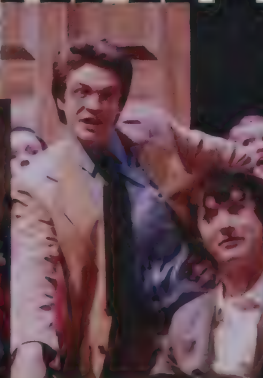
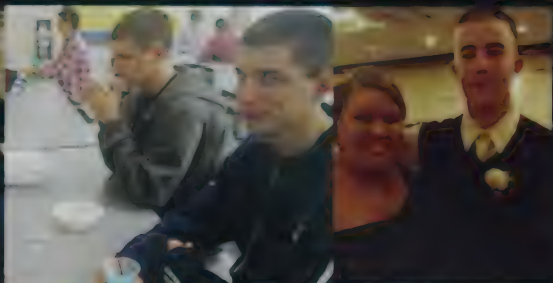
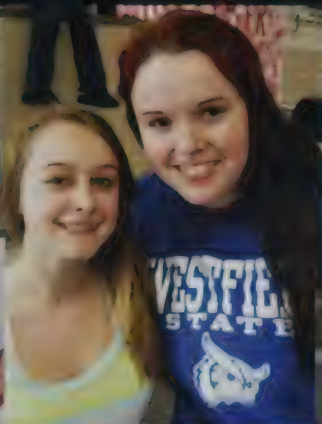
Homecoming





Senior Events

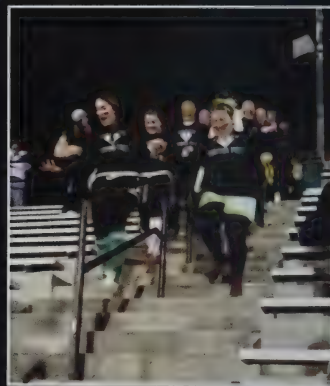


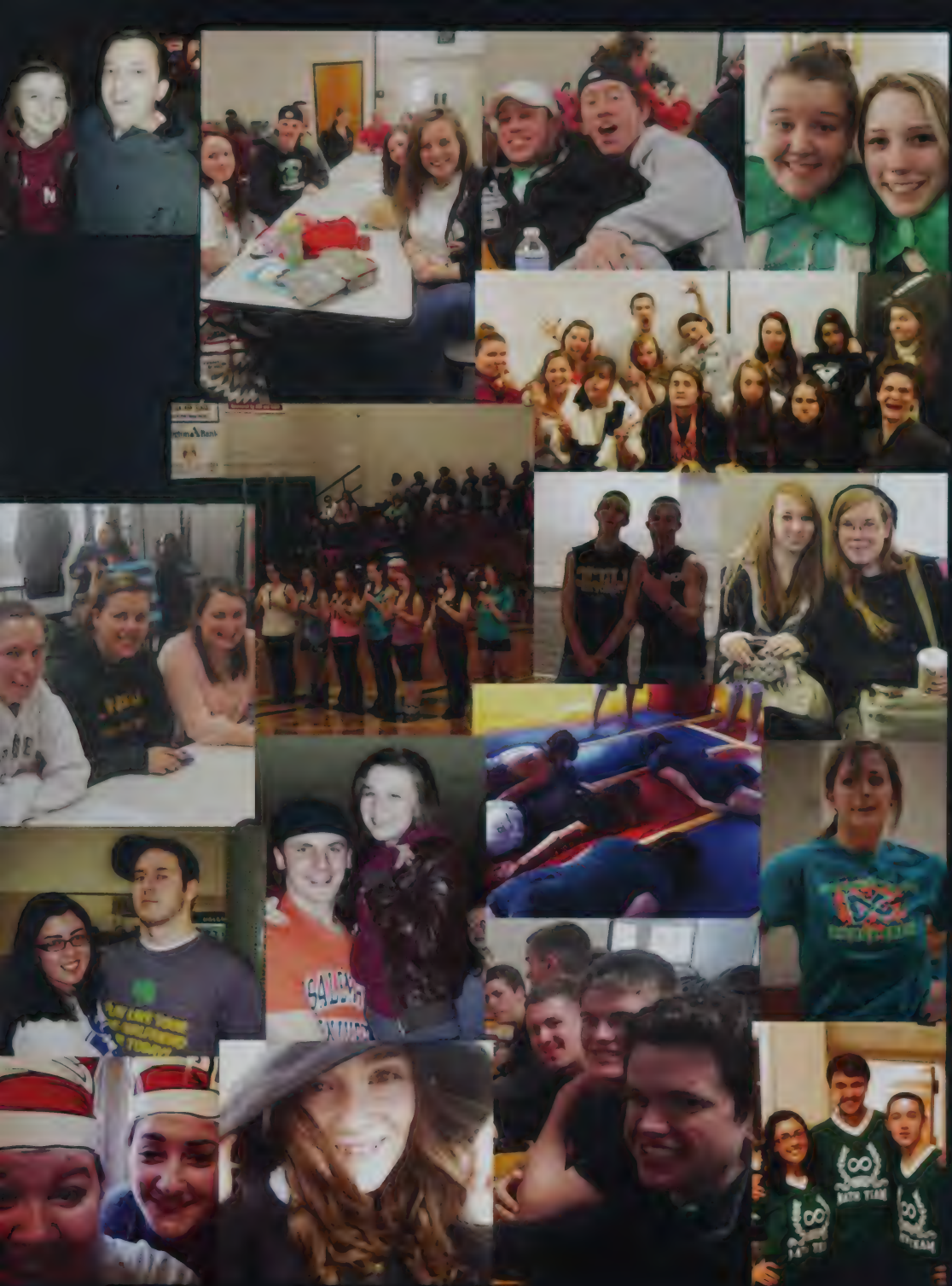


Powderpuff

*Powderpuff 2011-12
Junior Champions!*

*Powderpuff 2012-13
Senior Champions!*

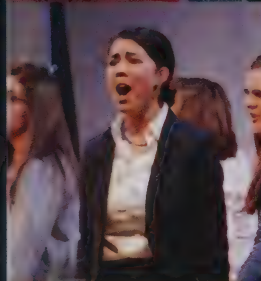
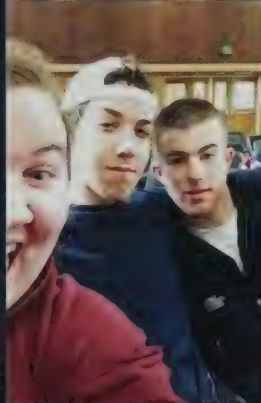
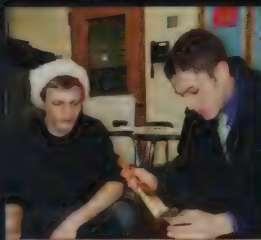


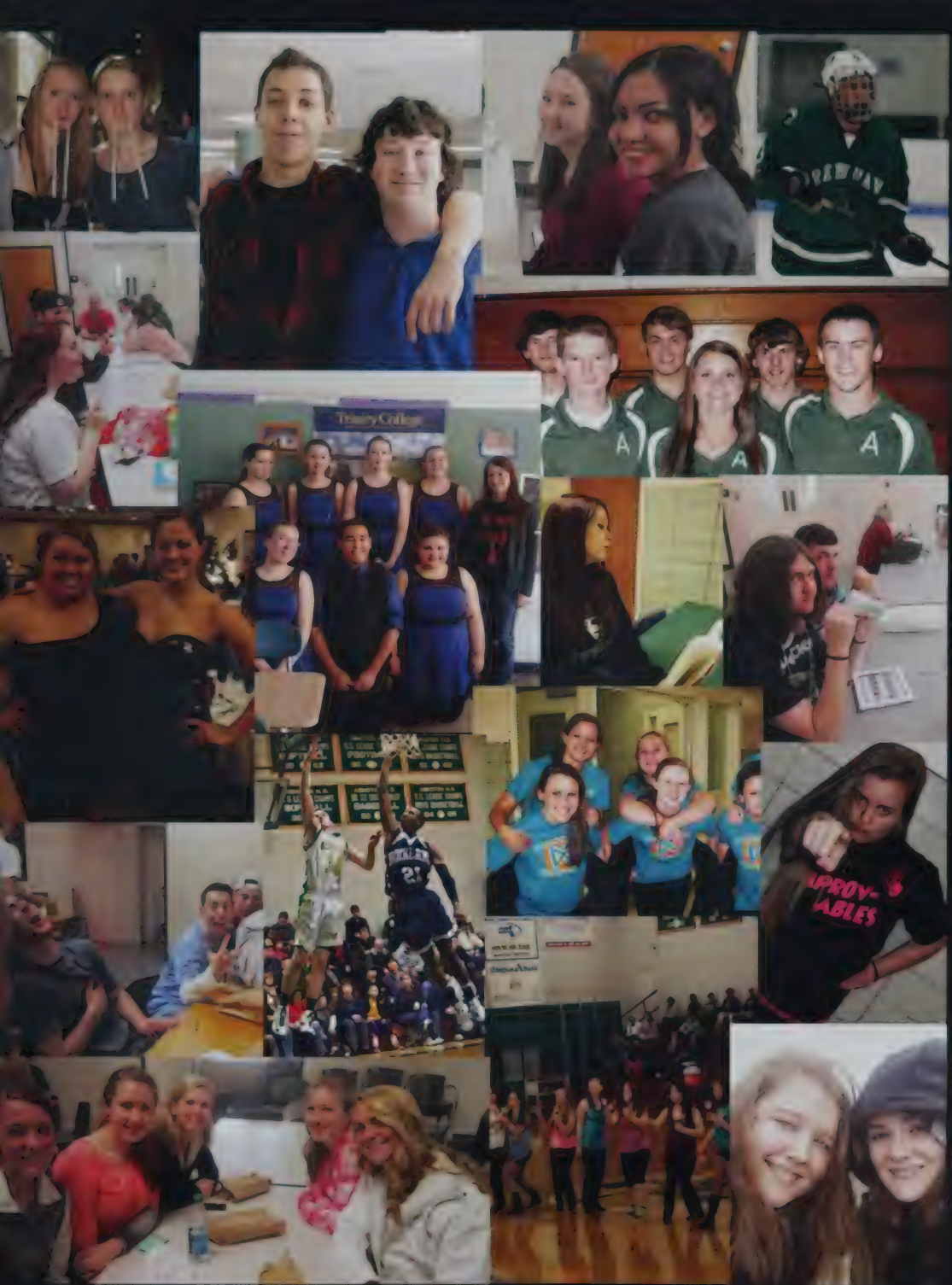


Greenware Pride











Class Will

I, Mike Spallino, leave my hipster style to whoever can handle it.

I, Tyler Wicklund, leave Mrs. Harrington and Tori Barbuto the band.

I, Danielle Hamilton, leave Sydney Hamilton my parking spot.

I, Olivia Kurowski, leave Marianna Porcello the Dance Crew.

I, Babila Fonkem, leave Matt "Train" Kilmain "The Torch".

I, Amanda Hayes, leave Sean O'Brien the right to still use my locker.

I, Emily Fagan, leave Abigail Budwey the soprano section in chorus.

Me and the boys leave the Musterfield Torch to Matt Whalen.

I, Dan Gately, leave Derek Gately my last name.

I, Josh Ronan, leave Matt Thetonia my dashing good looks.

I, Tj Antonetti, leave Matt Whalen the morning announcements.

I, Jami Dunn, leave Kim Phan the Greenwave Gazette.

I, Alex Draper, leave Rachel Clarke my sculpture stuff.



I, Pat Dwyer, leave Bryan the responsibility of waking up on his own like a big boy.

I, Nicole Chiavaroli, leave Anthony Chiavaroli my pickup truck.

I, Megan McHugh, leave Improv in good hands with the underclassmen.

I, Stephanie Cornish, leave Sammie Thompson the future of AHS softball.

I, Tim Ferguson, leave Brian Nickley the south side of Abington.

I, Liz Gould, leave no trace I ever went here.

I, Eddie Cardinal, leave Joe Marella the hockey team.

I, Victoria Howe, leave Christina Howe the tradition of giving Ms. Salvetti squirrel calendars for Christmas.

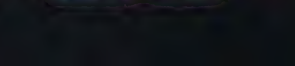
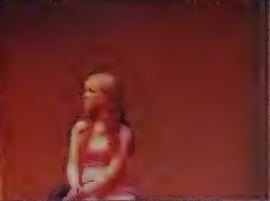
I, Hannah Russell, leave #9 jersey to Marianna Porcello.

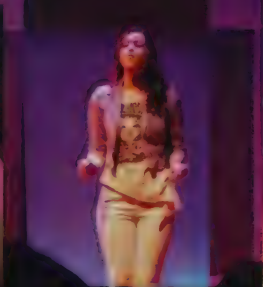
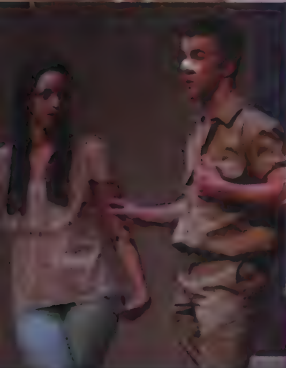
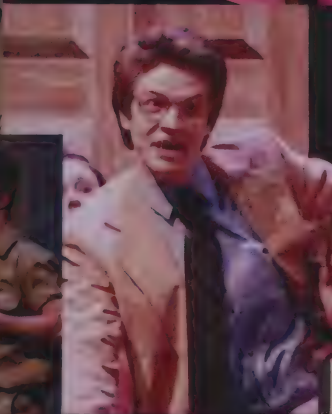
I, Jack Malafronte, leave Sam Malafronte the same Green Wave Pride wig that Nick Malafronte left me.

I, Ryan Kovalski, leave my thanks and appreciation for the faculty that helped me through the years.

I, Maria Manning, leave Steven Manning my grades to get into college.

Legally Blonde







Football

Right: The team lines up for the Super Bowl

Below: Team picture 2012



Stats

Playoff game:

Abington 29

Millis-Hopedale 12

Super Bowl:

Abington 14

St. Marys of Lynn 8



Super Bowl Champs

Senior Joe Brady intercepts the football during the final quarter of the Super Bowl to seal the win for the Greenwave



Senior quarterback Brandon Cawley protects the football during the Super Bowl game at Curry College



This past season was one of the most successful years in school history as the team posted an undefeated 13-0 record and captured the Division 4 Super Bowl Championship. Whether it was a big hit, big run, or big catch, the Green Wave was a team full of play-makers who made the most of their abilities. The team would like to thank all of the amazing fans and the community who rallied behind this perfect season.

13-0

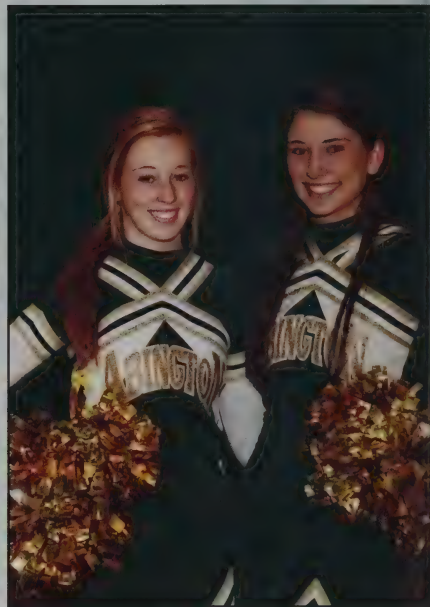


Senior captains from left to right: Pat Dwyer, Tim Ferguson, Brandon Cawley, Jack Malafronte

Senior Spotlight

Cheerleading Fall 2012

Led by Coach Kim Hicks, the Cheerleading squad had an awesome season. This group of girls participated in five competitions receiving second and first place awards at their two Invitational Competitions. They came in third in their league meet, second at Regionals, and fourth at the State Competition. They are full of Green Wave Pride, school spirit, and talent.



Above are Captains Amanda Lane and Shannon Cardinal



The girls getting ready to show their Green Wave pride



Caitie McDermott being lifted at one of the boys football games



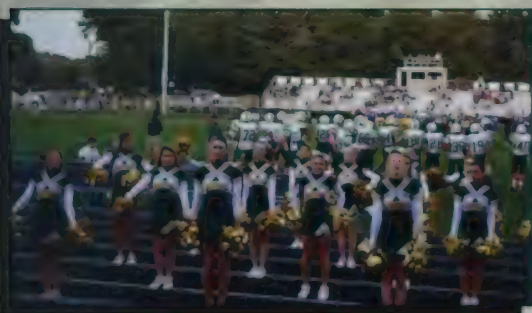
Amanda
Lane



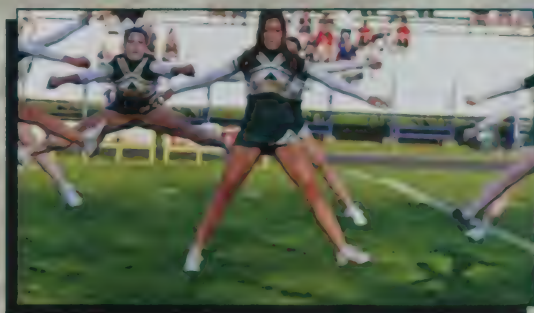
Ashlee
Ezzell



Members of the squad: Amanda Lane, Ashlee Ezzell, Shannon Cardinal, Eva McCormick, Ashley McCabe, Jenna Warsheski, Catie McDermott, Emily Loring, Kailey Cardinal, Abby Ricketson, Taylor Marston, Taylor Johnson, Julia Cabral, Alana Siegal, Mikayla Rooney, Christina Antonetti, Erin Foley, Olivia Maly and Hailey Ezzell.



The girls preparing for their routine at a football game



Hailey Ezzell during the cheer leaders' jump sequence

Boys



Right: Senior Dan Gately fights for the ball in the air

Diagonal: Senior Mark Gambon is chased by a Mashpee defender

Left: Bryan Macaluso battles for a ball on the sideline



Boys Varsity Team: top row- Coach McGinness, Tyler Mariano, Brendan Merrick, Thomas Jackson, Connor Sumner, Dan Gately, Rob McClafferty, Bryan Macaluso, Ryan Mariano, Brett Williams, bottom row: Tyler Moulton, Steve Bunzell, Max McNulty, Brendan Kerr, Mark Gambon, Jared Sumner, John Reid, Domenico Cerasani



Right: Senior captain Jared Sumner takes the ball up the field

Left: Senior Brendan Kerr fights for the ball



2012

The boys finished their season with a record of 5-8-5 . Their offensive attack was headed by leading goal scorer sophomore Rob McClafferty, while their defense was lead by senior Brendan Merrick. Holding steady in net the entire season was senior goalkeeper Brett Williams.

"Win or lose we still have the best looking coach in the league" -Dan Gately



Above: Coach McGinness giving advice to his team on the bench



Above: Senior Brendan Merrick tries to win the ball

Soccer



Seniors- Rachel Casey, Stephanie Cornish, Olivia Curtin, Mackenzie Gillis, Haley Gomes, Ashley Griggs,

Girls Soccer

The girls had an amazing ride, making it to the semifinals for the first time in twelve years, and winning three tournament games for the first time since 1980. They scored an incredible fifty goals throughout the season. Their Cinderella story came to an end in the semifinals, but they never gave up. Their final record was 12-9-1.

"Seeds don't matter; it takes hustle and heart to win when it counts"



Below: Captains Alicia Reid and Mackenzie Gillis lead the Green Wave.

Division 3 South Tournament

Abington vs Seekonk	3-1
Abington vs Norfolk Aggie	2-0
Abington vs Nantucket	3-2 OT
Abington vs Dover Sherbourn	0-1



Above: The team celebrates after beating the number one seeded Norfolk Aggie team. Left: Team picture



Amy Hackett, Olivia Kurowski, Lauren Landers, Danielle Reardon, Alicia Reid, Hannah Russell



Left: Teammates Abby Magnussen, Samme Thompson, Marianna Porcello, Steph Cornish, Olivia Kurowski, Alicia Reid, Mackenzie Gillis, Victoria Chiochio, Ashley Griggs, Rachel Casey, Haley Gomes, Olivia Curtin, Amy Hackett, Hannah Russell, Brianna Donovan, Lauren Landers, Danielle Reardon, and Victoria Curtin pose for the camera



Seniors: top row- Mackenzie, Amy, Danielle, Stephanie, Lauren, Ashley, Alicia, Haley,
bottom row- Olivia C, Rachel, Hannah, Olivia K



The team runs across the field holding hands to cheer with their fans after a thrilling overtime victory in Nantucket

Cross-

Boys Cross Country:

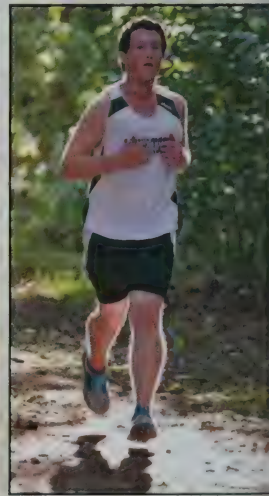
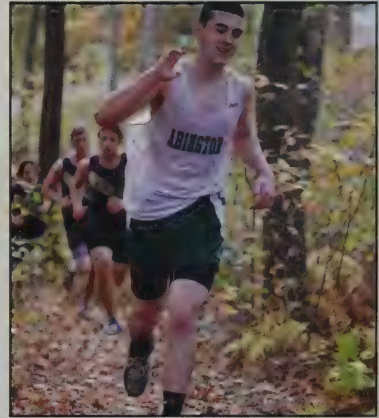
Andrew Johnson,
Alex Hagerty,
Ben Rangel,
Conor Donovan,
Jimmy White,
Bobby Derbes,
Jack Cashman, and
Steve Dwyer.



Boys Cross Country Captains:

On the left, Ben Rangel

On the right, Jack Cashman



Seniors from left to right: Alex Hagerty, Bobby Derbes, Jimmy White, Connor Donovan



To the left is senior captain Emily Atkinson, the girls top runner.



Girl' cross country team: from the left- freshman Katie Donovan, sophomore Molly Atkinson, freshman Jess Sullivan, freshman Jill McKeon, senior Captain Emily Atkinson, sophomore Ali Phair, freshman Katlyn Richards & sophomore Molly Ferguson

Country



Above: the girls finish strong in a meet against Rockland

The girls cross country team was led by top runner Emily Atkinson, who was the fifth top runner in the South Shore League. The boys cross country team was lead by Ben Rangel and Jack Cashman. Jimmy White was tenth in the league while Ben Rangel was twelfth.

Below: the girls huddle up before a race



Captains' Corner

Right: Captain Tim Degrasse lines up his shot

Senior Captain John Leblanc lines up his putt



Above- Junior Joe Marella hits a shot out of a sand trap

"We had another great season but nothing was better than handing Cohasset their first loss in two years."- Coach Tim Hill

Senior Mike Spallino looks down the green after a shot.

"We are scrappin"- Coach Tim Hill



Seniors-

John Leblanc

Tim Degrasse

Bobby Griffin

2012



Seniors (from left to right)- Bobby Griffin, Pat Reynolds, Danielle Hamilton, Mike Spallino, Tim Degrasse, and John Leblanc

Sophomore Etienne Bourgoin takes a nice swing



Bobby Griffin sends a nice shot down the green



Back Row: John Leblanc, Chris Burgess, Tim Degrasse, Mike Donaher, Cole Jansen, Bobby Griffin, Chris Hamel, Brian Diver, Michael Spallino, James Landers, Joe Marella, Pat Reynolds, Colton McGrath
Front Row: Rachel Clark, Eitenne Bergion, Nate Thomson, Matty Curran, Ben Bennett, Danielle Hamilton

Danielle Hamilton

Michael Spallino

Pat Reynolds



Left: Senior Nathan Littman defends Abington's net



Right: The Green Wave celebrate after an amazing victory

Below Left: Senior Michael Walsh manages to get a shot off

Below Right: Senior Jack Malafronte battles on the boards



Senior Captain Eddie Cardinal and Assisting Captains, Senior TJ Antonetti and Junior Jake Quinlin lead the Green Wave

Hockey

The Hockey team finished with a record of 15-3-2 this season and won their first SSL title as Abington alone in thirty one years. Captain Eddie Cardinal and assistant captains T.J. Antonetti and Jake Quinlan led the team. Along with having twelve seniors, the team had six SSL All- Stars: Nathan Littman, Eddie Cardinal, Jake Quinlan, T.J. Antonetti, Joe Marella and Mike Walsh. The team made the playoffs for the 2nd consecutive season.



Above: The Green Wave poses for their photo with the 12 seniors: Eddie Cardinal, Tim Degrasse, Bobby Griffin, Pat Reynolds, Jack Cashman, Mike Walsh, TJ Antonetti, Domenico Cerasani, Jack Malafronte, Brendan Merrick, Nathan Littman, Bobby Derbes



The South Shore League Champions

Boys Basketball

The boys basketball team had a successful season, making it into the MIAA tournament. The Green Wave boys started off pretty slow at the beginning, but as the season continued they really started to play as a team and started to win key games. The coaches did a great job all year long. Even though the boys lost in their first tournament game, these boys beat the odds and made their season great.



Above are senior captains Brandon Cawley and Matt Diver



Above is senior Joe Buckley going for the block in their game against Cohasset



Back Row: Jared Sumner, Brandon Cawley, Matt Diver, Joe Buckley, Josh Ronan
 Front Row: Ryan Marino, Bryan Dwyer, Aidan Cawley, Vinny Picardi, James landers, Alexander Nagle



Above: Seniors; Jared Sumner, Brandon Cawley, Matt Diver, Joe Buckley, Josh Ronan.



Above: Brandon Cawley goes up for the layup

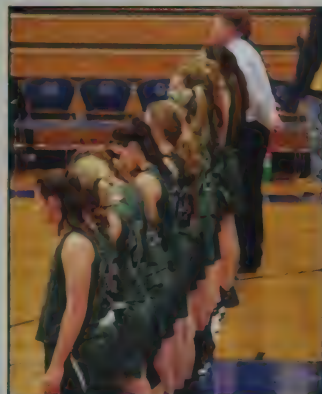
Girls Basketball

The Lady Wave seniors had a fantastic career, capturing two undefeated South Shore League Championships and winning thirty five straight South Shore League games. The team made the MIAA State Tournament all four years, and for the last two years have made it into the second round. Unfortunately, their amazing run ended swiftly with a four point loss to Ashland, but this girls basketball team will be remembered for a long time as one of the best to come through AHS.



Seniors Haylee Rogers, Danielle Hamilton, Carly English and Amanda Hawksworth





The girls line up at the foul line for the playing of the national anthem

Above: The team celebrated with their captain Amanda Hawkesworth when she scored her 1,000th point during a home game against New Bedford



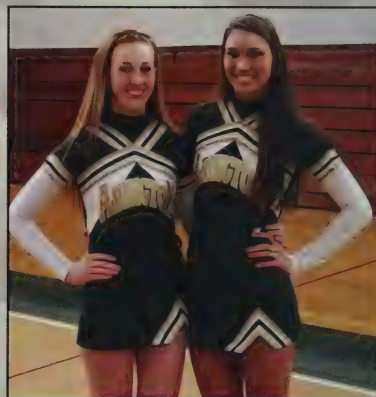
Left: The seniors of the Lady Wave pose for a picture together on their senior night



Winter Cheerleading



The girls cheering on the sidelines at the boys basketball game.



Captains Amanda Lane and Shannon Cardinal



Back: Olivia Maly, Eva McCormick, Emily Loring, Shannon Cardinal, Amanda Lane, Claudia Barrett, Jenna Warsheki, Taylor Martson
Front: Alanna Seigal, Abbi Ricketson, Catie Mcdermot, Christina Atonetti, Ashley McCabe, Kailey Cardinal

2012-2013

Season Achievements

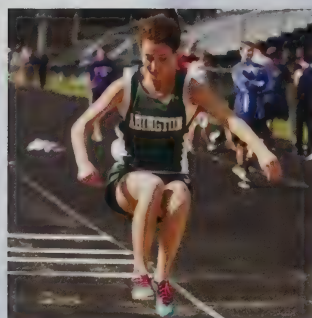
The 2012-2013 winter cheer season proved to be a successful, positive season for this group of girls. In their first competition, the Milford Invitational, they received first place. They then moved on to the League Championship where they came in third, moving them on to the Regional Competition. At leagues this talented group of girls came in third place which landed them a spot at the State Tournament. We all wish these girls luck at States and hope they do what they have been doing all season; showing their Green Wave pride.



Girls Track



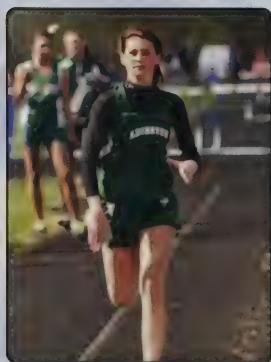
Back row: Abby Gendreau, Alison Phair, Alex Draper, Alyah Gillens, Amanda Lane, Abigail Magnussen, Molly Atkinson, Amy Hackett, Melissa Imrie
Middle: Jill Meegan, Jess Sullivan, Meghan Golden, Kim Reid, Olivia Kurowski, Allyson Chandler
Front: Brooke Ritchie, Lindsey Minchello, Catie McDermott, Nicole Kulikowski, Hannah Russel, Marianna Porcello, Rachel Casey, Emily Atkinson, Alexis LaPointe



Above: Lauren landers in the triple jump



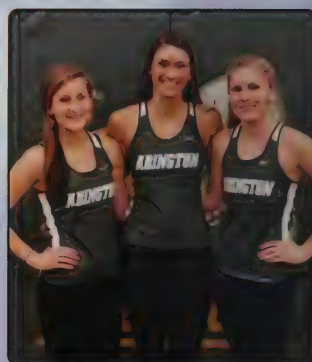
Above: Emily Atkinson throwing the javelin



Seniors pictured above: Alex Draper Alyah Gillens, Amanda Lane, Amy Hackett, Allyson Chandler, Emily Atkinson, Hannah Russel, Olivia Kurowski, Rachel Casey

Left: Molly Foley sprinting

Right: The captains Emily Atkinson, Amanda Lane, and Amy Hackett



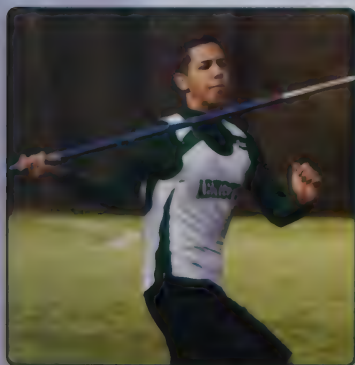
Boys Track



Back row: Deandre Hilton, Robert Morris, Ryan Mariano, Nick Sideropoulos, Tyler Mariano, John Reid, Greg Corbett (Manager)
Middle: Al Freeman, David Manzo, Devon Matthews, Teejay O'Donovan
Front: Jimmy White, Phil Nyuyen, Stephen Bunszell, Garrett Hall, Brendan Kerr

Last year, both these teams had a very successful season, sending several athletes to the Division 4 State Meet in 2012. Emily Atkinson attended the All State Meet for javelin. Both the girls and boys train hard increasing their endurance. This coming season they hope to get a higher ranking in the league and send even more people to the State Meet in 2013.

Senior Robert Morris Throwing the javelin



Captains Junior Ryan Mariano and Senior David Manzo



Senior David Manzo landing in the long jump pit



Baseball

The boys baseball team is eager to get back to work this year. The roster will be packed full of seniors aiming to improve on last year's record.

Knowing the success of Abington High School baseball in the past, these boys will be looking to bring home a title once again.

Right: Senior TJ Antonetti rounds third base after a great hit



Right: Senior Brandon Cawley prepares to throw the ball to first base



Left: The Green Wave put their hands in before the start of a new inning





Left: Senior Captain Nathan Littman catches a fastball behind the plate

Right: Senior Captain Tyler Perakslis waits for a throw at first base



The Green Wave will be lead by four impressive senior captains during the 2013 season

Left: Senior Captain Pat Dwyer fires a pitch in for a strike



Right: Senior Captain Jack Malafronte attempts to hit his teammates home



Below: Senior Justin Weston hits a line drive



Below: Team picture of the 2012 baseball team





Left: The girls put their hands in before the start of another inning



Right: Grampa hugs all of his favorite girls after the State Championship



Above: Scenes from the MIAA State Tournament from the 2012 season

Left: Senior catcher Haylee Rogers waits for the pitch behind the plate

Right: Senior Alex Powers tries to hit the ball out of the park

Below: Scenes from the MIAA State Tournament from the 2012 season



Softball

The Green Wave girls softball program has had an incredible run. During the seniors' time at AHS, they have qualified for the MIAA State Tournament three times and won two undefeated South Shore League Championships. Last season the girls took their journey all the way to the State Championship, winning Division 3 South and becoming Eastern Massachusetts Champions along the way. This year the Green Wave will look to continue with their incredible success, lead by the many seniors who are now veterans at winning.



The 2012 girls softball team



The girls proudly display the Division 3 South Championship trophy after their win



Stephanie Cornish



Alicia Reid



Mackenzie Gillis

The 2013 team captains are looking to lead this team to another successful season

Boys Lacrosse



Team Photo 2012



Senior Bobby Derbes



Senior Tim Ferguson



Last year the boys had a good season but they hope to do even better this coming season. They have complete faith in all of their teammates and they believe that they will improve greatly this year. They hope that the tournament will be within their reach.



To the left: the boys huddle up to stretch and focus before one of their away games



Girls Lacrosse



Coach gives the girls a pep talk at halftime of a home game



Right: Senior Danielle Reardon brings the ball down the field



Above: Lindsay Ryan fights for the ball



Right: Victoria Howe at the start of the game



Team Photo 2012

Last year, the girls had a good season at 4-15-1 and did not make it to tournament. Coach Kate Casey looks forward to a few more wins this year. They lost some key seniors last year but are confident with the new players that have been added to the roster this year.



Abington on a break away



Olivia Curtain making the save in net

Tennis



Senior Ryan Kovalski was coached by Jim Patton

Boys



Ryan Kovalski was the only boys tennis player from Abington, so he played for a combined Abington-Rockland boys tennis team.

"Folks in those stories had lots of chances of turning back, only they didn't. They kept going because they were holding on to something." -

LOTR (Tolkien)



Girls



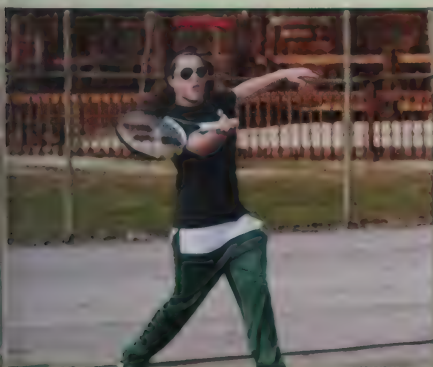
Coach Prizzio and Coach Mace guided the girls tennis team throughout their season

"Games give you a chance to excel, and if you're playing in good company you don't even mind if you lose because you had the enjoyment of the company during the course of the game." - Gary Gygas

Right: Senior Melissa Joseph returns a serve from the opposing team



Above: The girls tennis team for the 2012 season



Left: Senior Ashley Griggs is looking stylish as she hits the ball during one of her matches



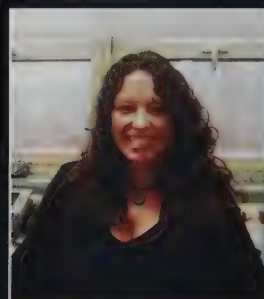
Returning captains for the girls tennis team will be Senior Katelyn Capone and Senior Ashleigh Bell, and they will be joined by a new captain, Senior Megan McHugh

Clubs

President: Haylee Rogers
Vice President: Jack Malafronte
Secretary: Stephanie Cornish
Treasurer: Carly English



Senior Class Officers



Class of 2013 Advisor:
Sarah Bulman

Greenwave Gazette

Advisor: Jim Dorman



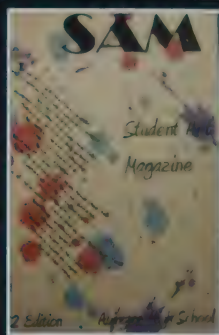
Members: Jami Dunn, Amanda Hayes, Collen O'Neil, Kim Phan, Amanda Beaver, Caroline Bradbury, Nicole Bradbury, Michael Donaher, Jennifer Feeney, Ian MacLead, Megan Meehan, Jack Snyder, Taylor Johnson

Student Arts Magazine

Advisor: Elizabeth Gonzalves



Members: Meghan O'Leary, Melina Halloran, Meghan Nigrelli, Alexandra Draper, Emily Fagan, Alanna Halloran



Editors: Meghan O'Leary
&
Melina Halloran

Peer Leaders

Advisor: Bill Siegel

Members: Rebecca Coburn, Ryan Kovalski, Kately Capone, Michaela Bell, Ashleigh Bell, Derrick Hall, Gregory Oreste, Kailey Campbell, Matthew Burbine, Rachel Marcotte, Jill McKeon, Alyssa Devlin, Micheal Nickley, Aliyah Gillens, Leighann Healy, Megan McHugh, Alex Powers, Amanda Hayes, Brian Caferro, Abby Gendreau, Meghan Golden, Melissa Imrie, Taylor Hebert, Maria Manning, Colton McGrath, Amani Dottin-Raines, Ashley Griggs, Cameron Reynolds, Tyler Reynolds, Micheal Donaher, Ali Phair, Susan Mullen, Chris Fanara, Ryan Mariano, John Lalli





Drama



Musicals
 Freshman Year: Seussical
 Sophomore Year: Shake It Up!
 Junior Year: Annie
 Senior Year: Legally Blonde

Director: Steve Shannon
 Assistant Director: Theresa Chiasson
 Producer: Jim Dorman
 Music Director: Joyce Harrington



Members: Meghan Nigrelli, Theresa Do, April Keegan, Leighann Healy, Kendal Purtell, Sam Rangel, Brendon Kerr, Rob Morrison, Mariana Porcello, Abigail Budwey, Vicky Lynch, Melissa Joseph, Alanna Holleran, Caroline Bradbury, Alessandra Vento, Amanda Pereira, Jilliane Mortimer, Hayley Burke, Megan McHugh, Ashley Griggs, Susan Mullen, Alyah Gillens, Riley Morrison, Conor Donovan, Alex Hagerty, Tim McDonnell, Mike Knickley, Kim Reid, Haley Gomes, Pat Dwyer, Dan Gately, Rachel Carvell

National Honor Society

Advisor: Jason Scott



Members: Ashleigh Bell, Michaela Bell, Katelyn Capone, Gregory Corbett, Jami Dunn, Carly English, Mark Gambon, Mackenzie Gillis, Ashley Griggs, Amy Hackett, Melina Halloran, Amanda Hayes, Melissa Joseph, Ryan Kovalski, Theresa Do, Megan McHugh, Haylee Rogers, Leighann Healy, Olivia Kurowski, Alicia Reid, Alex Powers, Ryan Mariano, Alex Nagle, Brendan Merrick, Sean O'Brien, Jack Malafronte, Kelly O'Brien, Nora O'Neil, Brian Nickley, Nichole Kulikowski

You Lead

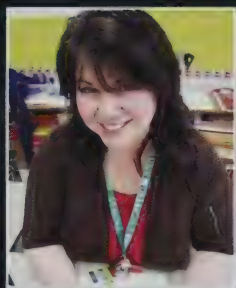
Advisor: Peter Serino & Sarah Bulman



Members: Steph Cornish, John LeBlanc, Alex Nagle, Jack Malafronte, Lauren Landers, Sara Crane, Kate Demeo, Brian Caferro, Kimberly Reid, Victoria Chiochio, Paige Young, Hanna Rogers, Haylee Rogers, Nora O'Neil, Rachel Marcotte, Jill McKeon, Manny O'Brien, Brian Nickley, Tyler Mariano, Lindsay Ryan, Alicia Reid, Olivia Kurowski, Samme Thompson, Sean O'Brien, Marianna Porcello, Megan Kelly, Brianna Donovan, Jevin Zdonek, Matt Diver, Mike Nickley, Mackenzie Gillis, Connor Sumner, Molly Ferguson, Ryan Mariano, Sydney Hamilton, Carly English, Dan Gately, Jared Sumner, Amy Hackett, Amanda Lawkesworth, Matthew Whalen, Brian Curran, Alanna Halloran, Sam Malafronte, Meghan Golden, Matthew Burbine, Julia Luckley



Improv



*"Do not take life too seriously.
You will never get out of it alive."*

- Elbert Hubbard



Advisor: Andrea Clifford



Members: Alyssa McKay, Alexa Elliot, Abigail Budway, Elizabeth Gould, Kendal Purtell, April Keegan, Alyssa Baldwin, Melissa Joseph, Riley Morrison, Travis Torchetti, Megan McHugh, Ryan Kovalski, Tim McDonnell, Rachel Carvell, Amanda Pereira, Meghan Nigrelli, Leighann Healy,

Yearbook



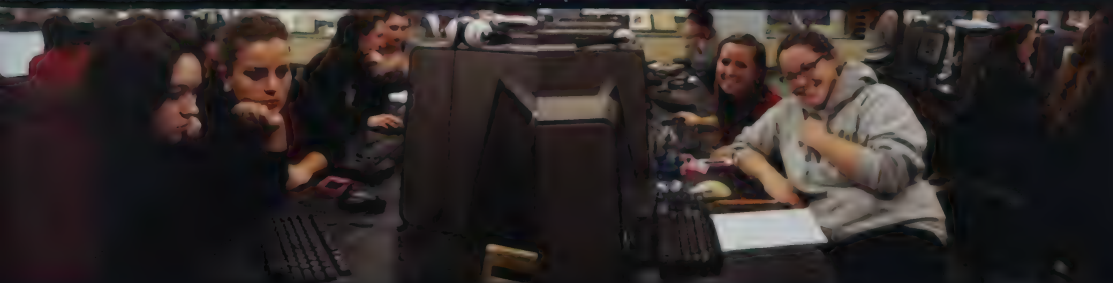
Advisor:
Jessica Kinsman



Members: Gregory Corbett, Alexandra Draper, Regina Broomstein, Victoria Howe, Sara Liborio, Alexander Hagerty, Paige Young, Olivia Kurowski, Hannah Russell, Victoria Lynch, Danielle Hamilton, April Keegan, Megan McHugh, Emily Fagan, Ryan Kovalski, Nicole Chiavaroli, Ashleigh Bell, Rachel Carvell, Amanda Pereira, Alicia Reid, Olivia Curtin



Editors:
Paige Young &
Alexandra Draper

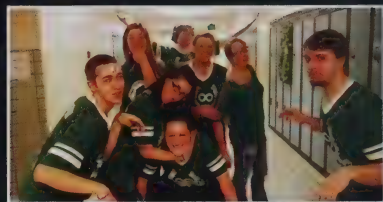


Math Team

Captains: Melissa Joseph
&
Michael Spallino



Advisor: Margret Dorehty



Members: Ashleigh Bell, Michaela Bell, Julia Buckley, Katelyn Capone, Brian Diver, Theresa Do, Amanda Doherty, Alex Draper, Abby Gendreau, Ashley Griggs, Katie Griggs, Leighann Healy, Melissa Imrie, Melissa Joseph, Ryan Kovalski, Nichole Kulikowski, Sarah MacLeod, Ryan Mariano, Haley McKay, Kaitlyn Molloy, Tyler Moulton, Neil Murphy, Alexander Nagle, Michael Nickley, Troy Panico, Kim Phan, Brook Ritchie, Nick Sideropoulos, Michael Spallino

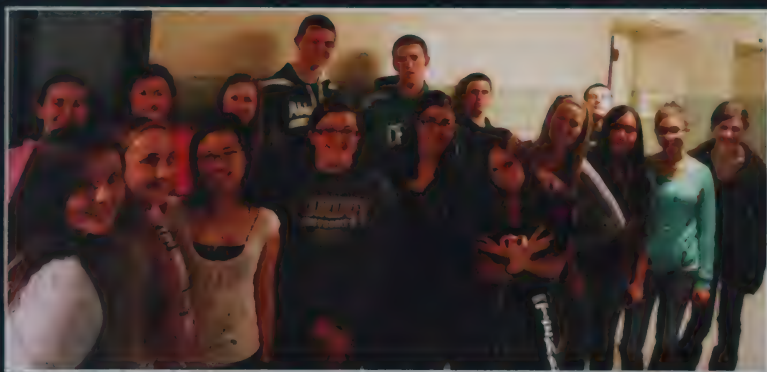


Student Council

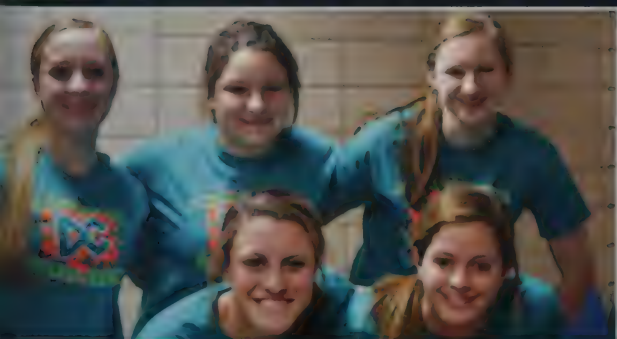
Advisor: Amy Lewis



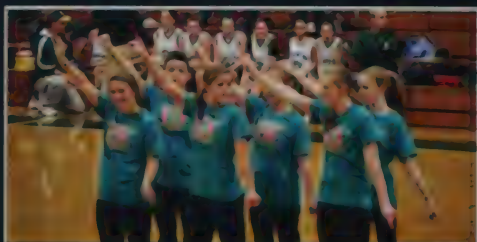
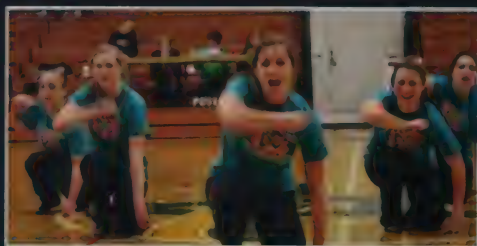
Student Council President:
Megan McHugh
Vice President: Melissa Joseph
Secretary: Jami Dunn
Treasurer: Lauren Landers
Olivia Kurowski



Dance Crew



Members: Olivia Kurowski, Marianna Porcello, Melissa Imrie, Nicole Kulikowski, Abby Gendreau, (April Keegan, Rebecca Coburn and Kendal Purtell)



Advisor: Kate Casey

Visual Art and Media Club

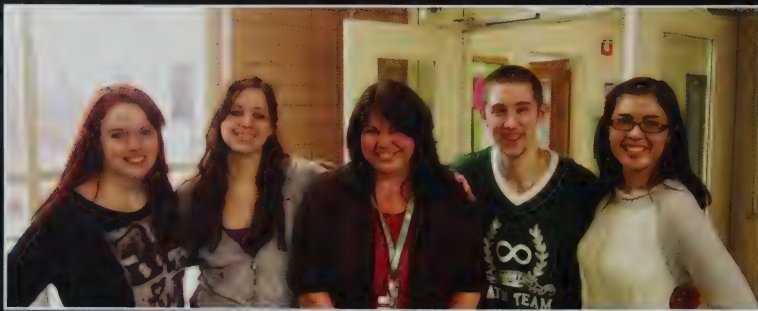
Advisor: John Mahoney



Members: Madysen Lemburg, Rachel Clarke, Savannah McIver, Elizabeth Gould, Taylor Johnson, Alexandra Draper, Katlyn Richards, Nicole Bradbury, Jeremy Sullivan, Carol Pardinhr

Gay Straight Alliance

Advisor: Andrea Clifford



Members: Ryan Kovalski, Melissa Joseph, April Keegan, and Megan McHugh

Ultimate Frisbee Team



Advisor: Jason Scott



Members: Sarah Mclead, Amanda Marin, Brett Williams, Tyler Wicklund, Thomas Jackson, Connor Sumner, John LeBlanc, Alex Nagle, Matt Thetonia, Brendan Merrick, Matt Diver, Shawn Donovan, Darrien Gustafson, Scott Gambon, Neil Murphy, Brian Diver, Mike Spallino, Bobby Griffin, Rob, McClafferty, Jared Sumner

Winter Guard

Advisor: Nicole Doolin



Members: Elizabeth Gould, Alyssa McKay, Joe Taylor, Alexa Elliott, Victoria Barbuto, Rachel Ciambriello, Ariel Bossie

Fun Facts 2013

In 2013...

An iPhone 5 was \$199.99.

A small iced coffee at Dunkin Donuts was \$2.08.

School lunch was \$2.40.

A wet cut was \$30.00.

You could get a manicure and pedicure \$30.00.

A small pizza was \$9.00.

Did you know...?

Movie tickets were \$12.00.

On average, gas was \$3.78 per gallon.

One iTunes song was \$1.29.

The average cost of a wedding was about
\$33,552.00.

The average college tuition was about
\$26,000.00.

Minimum wage was \$8.00 per hour.

Class Officers



Senior Class



Junior Class



Freshman Class



Sophomore Class



In Ten Years...

Ashley Griggs will be finding the cure to cancer.

Megan McHugh and Amanda Pereira will be on SNL.

Maria Manning and Vikki Howe will still be best friends.

Justin Weston will still not have left Charles St.

Josh Ronan won't remember writing this.

Jack Malafronte will be Coach Kel's assistant coach.

Jared Sumner will still not be shaving.

Colleen O'Neil will have an Olympic medal.

Brendan Kerr will still be working at Sub Galley.

Melissa Joseph will be a world renowned doctor or president.

John LeBlanc will still be driving his red van.

Greg Corbett will be in the FBI.

Babila Fonkem will be playing in the NFL.

Mike Spallino will be rich.



Jami Dunn will be on her way to presidency.

Paul Wendt will be an artist.

Gina Santagati will be an accountant.

Brendan Merrick and Mackenzie Gillis will be married.

Jack Cashman will be the manager of Rockland Rink.

Nicole Chiavaroli will be living in the U.K.

Tim Ferguson will be a Marine Engineer.

Ben Rangel may have his license.

Kendal Purtell will be on the Ellen Show.

Matt Diver will be eight feet tall.

Rachel Carvell will be married to her prince charming.

T.J. Antonetti will still be making your day.

Vicky Lynch will be a well known singer.

Alex Draper will be designing buildings somewhere great.

Parent

Dedications



Rachel,

Congratulations, we are so proud of you. Wishing you the best in all you do!

Love, Mom & Dad

Nora,

"Dream until your dreams come true." We all love you Mom, Dad, B, S, T, K, K, E, Nana, & Grampa



To our darling daughters,
It is hard for us to believe that you are already graduating high school...it seems like just yesterday you blessed us with your arrival into this world. We are so very proud of the beautiful young ladies you have become. You both have your own unique qualities that make you so special to us. Continue to be true to yourselves, work hard, be kind, and follow your dreams...whatever you dream, can be achieved!

With all our love,
Mom & Dad

Alex,

You are living proof that when you do your best and really try, the results are excellent. Happy Graduation. We are so very proud of you and what you have accomplished. **WELL DONE! YOU'RE THE BEST!**

Love Always,
Mimi & Papa



We are so proud of you Hannah! You are an amazing daughter and we love you so much!

Lots of love,
Mom & Dad

Becca,

We are so happy to have you as our daughter. We know that you will go far in life and wish you many blessings along the way. We love you and will miss you as you enter the next chapter of your life. **Love, Mom & Dad**



ack,

You are an amazing son. You have made us proud. Never settle!

Love, Mom & Dad

Congratulations TJ! Best of luck in college! We are so proud of you!

**Love,
Mom, Dad, & Christina**



Our beautiful Hannah, we are so proud of you! We love you forever and always... **Congratulations!**

04.23.20



David,
I am so proud of you!
I'll love you forever
I'll like you for always
as long as I'm living
my baby you'll be"

I love you,
Mom

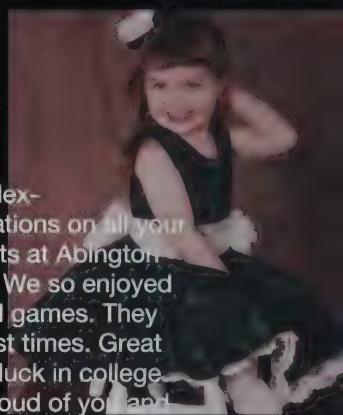


Molly-

We are so proud of the wonderful woman you have become and all you have achieved so far. We are so excited for the future you have ahead of you and wish you much success and love in the next venture of your life!

Love always-

Mom, Dad, Conor & Erin
(and Bear & Cody too!) xoxo



Alex-

Congratulations on all your achievements at Abington High School. We so enjoyed your softball games. They were the best times. Great Job! Best of luck in college. We are so proud of you and love you very much.

Grammy and Grandpa
Powers

Jimmy,

We are so proud of you!

Love,

*Mom, Dad, Stephanie,
Madison, Chris, Meme and
Papa*

Elizabeth,

We love you! We are so proud of you & all of your accomplishments. Congratulations!

Love, Mum, Dad,
Catie, Rick, Indy,
Buddy & Emma

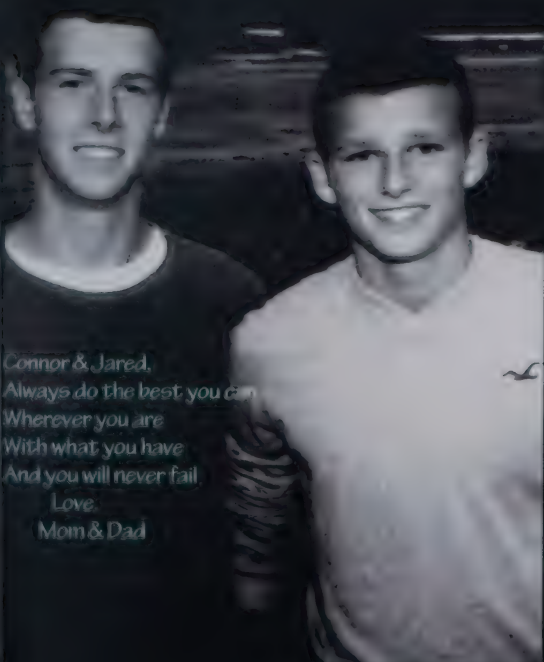
Ally,



You have come such a long way! We are extremely proud of you and hope only for the best while your path leads you towards your future. There are not enough words to tell you how lucky we are to have you in our lives. You have made our world a better place.

You are stronger than you seem, braver than you believe and smarter than you think. You are special to us in every way. You complete us!

Love Mom, Dad and Madi



Connor & Jared,
Always do the best you can
Wherever you are
With what you have
And you will never fail
Love,
Mom & Dad

Congratulations Amanda!
We could not be more
proud of you!
Love,
Mom, Tricia,
Aiden, Nana & Papa

Congratulations Greg on
a job well done.
We are so proud of you.
Love Mom

TIMOTHY MICHAEL DEGRASSE



18 years ago a beautiful baby boy was placed in our arms...hard to believe as the time has passed by too quickly. We are so proud of the responsible young man you have become and you never cease to make us proud. Having you for a son is one of the greatest gifts life has given us. You are a constant source of joy and have brought so much happiness and laughter into our lives. Continue to work hard and dream big and may all those dreams come true. As you begin this next chapter, we are confident you can accomplish ANYTHING! For all you've been and all you're yet to be-you are LOVED VERY MUCH! Congratulations - we wish you luck, success and much happiness. We will all miss you terribly. Always remember...."home is where you're loved the most!" We'll always be here for you.

WE LOVE YOU! Mom and Dad XOXO

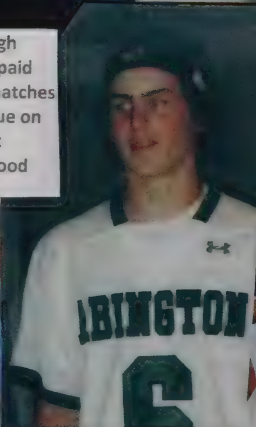


T - can't believe you're already graduating. Feels like just yesterday I let you roll off the couch and hit your head on the coffee table as a baby. Still sorry about that Lol. I'm so proud of you and who you've become. I'm lucky to have you not only as a brother but a best friend. You're the best "son" ever Lol JK. Good luck in college. Work hard but have just as much fun. Love you always baby bro!! Xo Lauren



Tim-Congratulations on making it through the high School years. All of that "hard" work has finally paid off. I'll be looking forward to some quality golf matches this summer! Good luck in college as you continue on your path to success. You have many more great experiences ahead of you. Congrats again and Good Luck!! Love, Mike

Timmy! I still can't believe my little brother is graduating high school and going off to college in the fall. I am so proud of you and know you will be amazing in whatever you do. We will all miss you so much! Have fun and enjoy this time in your life, you have lots of great things to look forward to! Love, Chris



TIMOTHY, Timmy, Tim, TT, hun-bun, Timmy-toodles, T, Timthoy, Crunch, Timbo....SOME MEMORIES... *PIZZA* Hampton Beach*biking at Waterville Valley*Staying at nana's*Christmas at our house*Family fun weekends (UNH)*Woodwards with the Sullivans*Ole,Ole,Ole* HAHAI*Disneyworld with the McNulty's*Toronto Canada-chicken/ribs*GOLF TEAM-2 yr. captain*Golf all-star*New York City-Stage Dell-Times Square*nana's boy*else*LACROSSE*Gorilla walk*rotten eggs!*your humor and laughter*Breakfasts with Grandma & Grandpa* Niagara Falls*HOCKEY-SS Eagles/Hanover/AHS*"the champion!"*Golf State Finals-Red Tail*basketball*Psssh,psssh-spilling paint at nana's* Why is everything supposed to be broken?*cu me mum*video games*Hershey Park/Philadelphia*Shula's*Grey Maxima-are you messing with me?*Picachu*"I'm the only Charmander without a tail..."*Canobie Lake*Halo*Six Flags*Washington DC*XBOX*1-teen*Pokemon* soccer*"I dump water on your head!"*best dressed*Hockey tournaments in NH*baseball hats*dinner?*w/uf*Roche Bros-1" job*POLO* always singing*"me all done"*JUNK FOOD*Ninety-nine*knee-hockey*AMANDA*Mike B*Justin*John*Barry*Mike*who are we versing?* Yu-gi-oh*Meadowmere*Maine with the Sullivan's*Preschool Playmates* ECC*Center*Frolio*AHS* ? ?

Brendan,

Congratulations on your graduation! We are very proud of your hard work and dedication. Embrace your competitive spirit and keep striving to be your best.

Love Mom,
Dad, Tyler & Spencer



Vicky,

Congratulations!

We are so proud of you! Xo

Good luck next year Patrick. We are so proud of you. Love, Mom, Dad, Kate, & Brian

Ryan,

When you were a young boy, you impressed us with your strong-mindedness and confidence. When you were a teenager, you impressed us with your sense of humor, independence, caring nature, and lightheartedness. You've grown into an exceptional young man, Ryan, who is gentle, caring, and giving towards others. Your strong leadership abilities, dedication, and caring nature have brought you so many opportunities, and much success, and will continue to throughout your next journey in life. You always strive to be your best. You have so much to be proud of. We have every confidence in your ability to think and act wisely. We are proud of you and love you very much.

Love always, Mom & Paul



"A daughter may outgrow your lap, but she will never outgrow your heart."

Amy,

We couldn't be more proud of you! We've always believed in you! No doubt you will be remembered as;

•An artist

•A leader

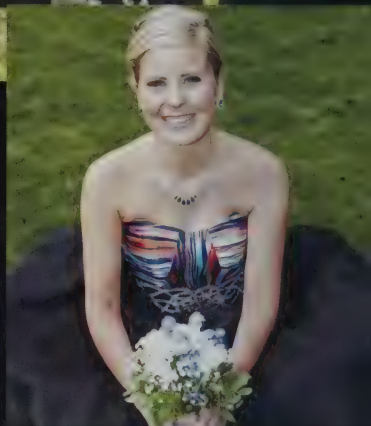
•A fierce competitor

•A true and loyal friend



All are great qualities. What we see is your inner beauty. You are the first one there when someone, when anyone, needs a handshake, a high-five, or just a hug. That is what makes you so special...so uniquely you. Don't ever change!

Love, Mom & Dad



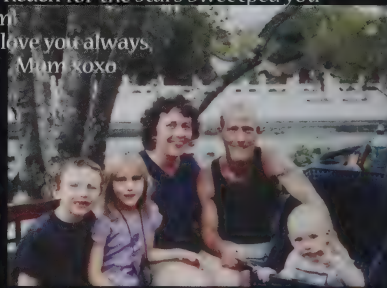
Meghan,

Congratulations to our graduate! We are very proud of you!

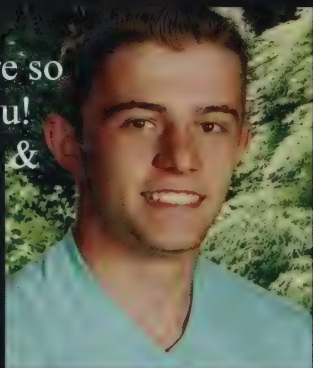
Much love,
Mom, Dad, & Mikayla

Congratulations Maria! I am so proud of you and am so very fortunate to have a daughter as wonderful as you. You will achieve anything you set your mind to I know it! Reach for the stars Sweetpea you deserve them!

I love you always,
Mom xoxo



Tyler, we are so proud of you!
Love, Mom & Dad



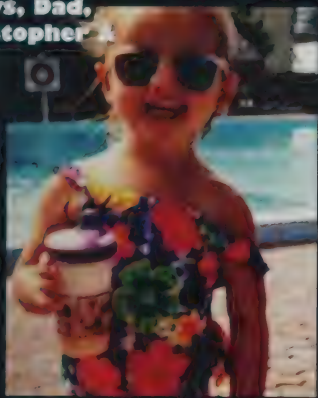
Reach for the stars Mike. Never let your eyes off the prize. We know what you can do. Wait till the world finds out!

Love you,
Mom, Dad, & Beth

Amanda,

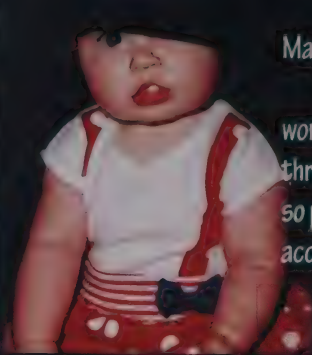
Where did the time go? We could not be prouder of the confident, strong young lady that you have become. Follow your dreams and make us just as proud in the next chapter of your life as we are today.

Love Always, Dad,
Mom, Christopher &
Johnny



Congratulations Ashley! We are so proud of you! This is the end and just the beginning!

Love Mom, Dad, Allison, &
Katie



Mackenzie,

Thanks for all of the wonderful memories throughout the years. We are so proud of all you have accomplished.

Love, Mom & Dad

Nicole,

You can do anything you put your mind to. We're so proud of you.

Love, Mom & Dad

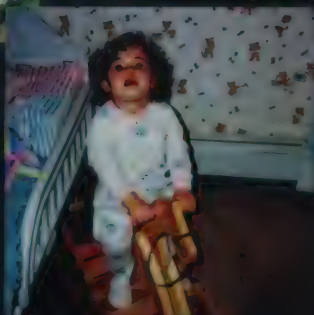


Regina,

We are so proud of you!!

Love

Mom,
Dad, & Michael



Melina – Be who you are and love what you love. The future is full of countless dreams that you have the power to make them come true! Congratulations – we are so proud of you!

Love,

Mom, Dad,
Alanna, & Gabby

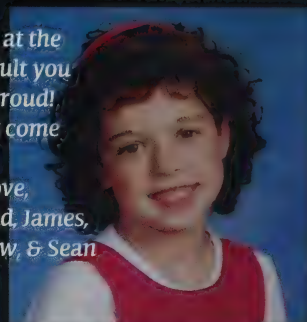
Dear April,
 We love you
 and are very proud
 of you. Enjoy your
 journey as you
 follow your
 dreams.
 Love,
 Mom & Dad



Lauren,

We're so amazed at the
 wonderful young adult you
 have become. Very proud!
 May all your dreams come
 true!

Love,
 Mom, Dad, James,
 Ryan, Drew, & Sean



Congratulations Meg!

**Today is your day! The most
 rewarding things in life are often
 the ones that look like they
 cannot be done. We are very
 proud of you.**

Love, Mom, Dad, & Matt

LIFE IS GOOD



KEEP IT REEL.

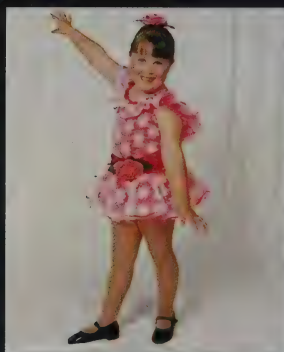
Congratulations Neill!!!

Best Wishes and

Continued Success

Be Good and Have Fun

Love Always, Mom, Dad & Erin



Paige,

We have watched our
 little girl turn into a
 beautiful, loving young
 woman. As you graduate
 and begin the next
 adventure in your life,
 never forget how much we
 love you and how proud we
 are. "My Wish" Rascal
 Flatts.

Love
 Mom, Dad & Tori





Danny,

Our bouncy, happy baby, apple of our eyes, gift to your grandparents in heaven and on earth, has now become a strong, resilient, capable, talented, funny, kind young man who we are so immensely proud of. Both of your brothers look up to you so much and we all have high hopes that your life will be a grand adventure filled with success and, filled with happiness and love. As Eleanor Roosevelt said "The future belongs to those who believe in the beauty of their dreams." We believe in you, we support you, and we love you, Danny, to the moon and back.

Love, Mom, Dad, Derek,
Dylan, Grammy, &
of course Daisy



Alexandra 'Alex' Powers,
Congratulations on your
graduation! We are all so
proud of you and all of your
accomplishments! All the best
in the future.
We love you!
Love, Mom, Dad, Analyn, and
Aidan

*"You can kiss your family and friends good-bye
and put miles between you, but at the same
time you carry them with you in your heart, your
mind, your stomach, because you do not just live
in a world but a world lives in you."*

- Frederick Buechner



781-878-3004

BELLA MIA SALON

988 Bedford St RT 18
Abington Ma, 02351

www.BMSalon.com

Wed 12-8, Thurs 10-8, Fri 10-6, Sat 9-3:30

Bemis

Congratulations class of
2013!

DRUG CO., Inc.

COR. OF NORTH AVE. & BRIGHTON ST.

NO. ABINGTON, MA

PHONE 781-878-0893

PROFESSIONAL PHARMACISTS

www.bemisdug.com



Tastefully Done
FRESH
HOMEMADE **FOOD**
SOUPS - SALADS - SANDWICHES
DINNERS - DESSERTS - CATERING

171 Brockton Ave, Abington, MA 02351
TastefullyDoneFood.com

781-871-5500

orders@tastefullydonefood.com

Craig Coyle

Diann Manley

Congratulations **TRENDS**
class of 2013! Consignment Shop

(960)

www.TrendsConsignment.com

1501 Bedford St.

Abington, MA 02351

781-871-1887

Monday - Thursday 9:00 - 6:00

Friday 9:00 - 5:00

Saturday 10:00 - 4:00

Sunday 1:00 - 5:00

EmbroidMe.
OF WEYMOUTH

Embroidery-Screen Printing-Promotional Items



Your One-Stop Personalization Shop!

781-331-2316

1690 Main Street

Weymouth, MA 02190

www.embroidme-weymouth.com

Delaney Hair Design

Melissa Delaney

Owner/Stylist

170 Bedford St. suite 105

Abington MA, 02351

781-871-0538

Delaneyhairdesign.com

Lisa Crane

Owner



A Passion for Fashion
Consignment Boutique

170 Bedford Street
Abington, MA 02351

781-871-5100

lcrane@verizon.net

GET IN SHAPE
FOR WOMEN

Small Group Personal Training

Jon Hailey / Manager

170 Bedford St, Abington, MA 02351 / Studio: 781.421.3766

Fax: 781.421.3765

JonHailey@getinshapeforwomen.com

www.getinshapeforwomen.com

Congrats class of 2013! Good Luck!

Geo's
AUTO GLASS inc.
♦ 617-861-5645 ♦

RS 4265 *Geo*

Dorchester, Ma

Congrats Class of 2013!

208 Brockton Ave.
Abington

781-261-9667

Glamour Tans



**CAPE COD
LUMBER CO**

**DOORS · WINDOWS · KITCHENS · FLOORING
CUSTOM MILLWORK · BUILDING MATERIALS**

OUR NEW LOCATION, featuring a fast and efficient drive thru lumber yard and an expanded store. Is scheduled to open in early 2013. Just minutes away from the current facility.

"CCL- A Name You
Can Build On"

Congratulations to
DD
and Nate!
Love all of us at Mia
Regazza

MIA REGAZZA

Italian/American Cuisine

Business Hours:

Mon-Sun 11 am to 1 am

Location:

221 North Ave, Abington

*Congrats Class of 2013
from The Cellar!*





781 871 4152

DISCOUNT MATTRESSES
&
FURNITURE

WAYNE WARMINGTON
OWNER

678 ADAMS STREET
ROUTE 58
ABINGTON, MA 02351



**BOSTON TAE KWON DO
ACADEMY**

EFC Black Belt School

"We're on a Quest to be the Best!"

Master Instructor-Master Joe Pina

1501 Bedford Street
Abington, MA 02351

Phone (781) 982-0400

Fax (781) 982-0445

Email: pinasbtkd@aol.com

web site: www.bostontkd.net



Computer Solutions

Network Design • Installation • Service

AKA Computer Solutions
1540 Bedford Street (Rt 18)
Abington, MA 02351

ph **781-681-9926**

fx 781-681-9928

support@akacs.com

www.akacs.com

Residential and Commercial • Computer and Software Sales
Troubleshooting and Repair • Network Design and Installation

Online Remote Help and Support: www.akacs.com/help

Online Secure Backups: www.akacs.com/Backup

Congratulations to the class of
2013! From AKA Computer
Solutions Inc. Best wishes for great
success!



**IT Management and Help-Desk Support
Network Design, Installation, and Service
Disaster Recovery and Offsite Backup
Network Monitoring and Security Systems
Website Design and Maintenance**

Computer Solutions

www.AKACS.com

781.681.9926

Congratulations!

"The future belongs to those who believe in the beauty of their dreams" - Eleanor Roosevelt

Class of 2013



From your friends at

Eddie Bailey's Garage

*Congratulations
to the class of 2013!*

Abington- 858 Bedford St.

New Bedford- 2941 Acushnet Ave.

Taunton- 543 County St.

Taunton- 53 Tremont St (plaza w/ Rite Aid)

W. Bridgewater- 53 East Center St.

Middleboro- 438 West Grove St. rt.28

"We're your true-key to savings"



Smit Super Store LLC
336 Washington St.
Abington Ma, 02351



Congratulations Class of 2013!

Gas and Convenience Store located on Rt. 18

Roots Before Branches

By:
Room For Two

"I gotta have
Roots before branches
To know who I am,
Before I know who I wanna be,
And faith to take chances, to
live like I see
A place in this world for me"




Signatures



Signatures





*"I gotta have roots before
branches to know who I am
before I know who I wanna be,
and faith to take chances to live
like I see a place in this world
for me" -Adam Anders*